THE SF ROTARY OFFICE

by SF Rotary Webmaster

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ROTARY LUNCHEON MARCH 20, 2012

by SF Rotary Webmaster

An Ounce of Prevention
Chair of the Day: Loren Lopin

Prevention and preventive measures are frequently touted as the most effective and economical ways to keep us healthy. Yet we are increasingly unhealthy, beset by a wide range of preventable conditions such as obesity, high blood pressure, diabetes, and heart disease. What makes prevention so difficult? Dr. Michel Accad will address these questions and re-examine the premises that underlie current public health policies.

Dr. Accad is board-certified in internal medicine and in general and interventional cardiology. He was Chief Medical Resident at the renowned Texas Medical Center, has completed research and clinical fellowship training at UCSF, and has worked at the Kaiser Permanente Hospital in San Francisco.

Dr. Accad is now in private practice in internal medicine and cardiology. His recent publications in peer-reviewed medical journals have focused on the contrast between population medicine and individual care.

Enjoy lunch with your fellow Rotarians as we hear Dr. Accad’s interesting views on prevention and health.

Individual luncheon tickets are $40 or you can save $5 a ticket by buying a book of four for $140.
Paces for Polio  
May 12 2012  
Rotary Means Business - San Francisco  
May 14 2012  
HARBOR HOUSE ROTARY PICNIC  
Jun 16 2012  
Rotary Means Business - San Francisco  
Jun 25 2012  
Rotary Means Business - San Francisco  
Jul 23 2012  
AMERICA'S CUP JUNIOR CHALLENGE ABOARD A YACHT  
Aug 19 2012  
Rotary Means Business - San Francisco  
Aug 27 2012  
Rotary Means Business - San Francisco  
Sep 24 2012

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ROTARY LUNCHEON MEETING MINUTES, MARCH 13
by SF Rotary Webmaster

Scribes of the Day: CaseyBlair and Michael Strohl

Editor: Katie Lieberg

Call to Order: President Jim Kennedy brought the meeting to order. Dan Joraanstad presented a wonderful word of the day: "Belief." Rotary is a group of visionaries who believe we can change the world and are patient agents of change! Robert Kosbie introduced our visiting Rotarians. Jodell Scott sold raffle tickets for two fine bottles of wine donated by Kevin Leong. In addition to those mentioned above, Chris Shaw, Xu Wang, and Lena Dokuchayeva were all busy helping to run the meeting.

Sunshine
John Uth has come down with pneumonia and is suffering kidney pains. Kay Clarke is also recovering from another recent injury and e-mails would be appreciated. Phyllis Nusz is also ill and would love well wishes.

Announcements:
Shanna McClearn encouraged members to attend Rotary volunteer night at the SF Food bank on March 20 at 6 PM.
Jimmie Jeffery strongly encouraged everyone to attend the annual Gala on April 27. There are some great auction items including a cruise on Humphrey Bogart’s Yacht. Please support SF#2 and attend the Gala!!
Stephanie Herrin and Lena Dokuchayeva spoke of the wonderful turnout, media attention, and success of the recent Living Library tree planting.
Carol Christie invited all members to a Rotary social at Caesar’s Restaurant in North Beach on Thursday, March 22 at 6 PM. There will be vodka pairing and cost is $50.
Rebekah Shapiro announced a community service meeting will be held March 19 at 111 Pine St. at 6 PM.
August Reader announced the latest Rotavision project will take place in May in the Mekong River Delta to coincide with the RI convention in Bangkok.
Erik Schmautz reminded everyone about the District Conference on April 20-22 at Silverado Country Club in Napa. Check the District 5150 website for more details.

Recognitions:
John Dracup donated $100 to Rotary Service in honor of his recent water project in Honduras in conjunction with others to install Bio-Sand Filters. He was also fortunate to be able to host the Consul from Honduras at WWRD.
Luis Moran recognized fellow Rotarian Kelly Pontsler, who reached out and chose Luis to help successfully sell her home. He also wanted to
thank Rotary #2 for allowing him to participate in so many wonderful volunteer projects like the Dictionary drive, the Living Library, and many others!!

Tim Hornbecker recognized his Alma Maters Gonzaga and Colorado for making March Madness.

New Member:
Sponsor Tim Hornbecker introduced our newest Rotarian Robert Wilson. Robert comes to us from Chicago #1, and is an Architect focusing on workplace design (Smith Group). He is eager to volunteer in #2's myriad avenues, is an avid biker, and is part of the November Division.

Paul Harris Recipients:
Congratulations to Nine La Dow +5, Anita Stangl +4, Casey Blair +3, and Dan Joraanstad +2!!

Speaker of the Day: Carlos Garcia- Superintendent of SFUSD.

Chair Scott Plakun introduced Mr. Garcia, who is in his fifth year as Superintendent, and 35th year in education. In San Francisco, 20% of the population has children. Of those, 30% send their kids to private school. This percentage has remained pretty constant. The most recent public school bond (prop. H), passed by a 71% margin, and its positive impacts can be seen throughout the city. Funding has always been the issue, and will continue to be so even more in the future. In the middle 70’s, California was number four in spending, after Prop. 13 by 1980 we were number 44 in the country per pupil. We spend approximately $6,500/pupil, while in New England they spend $12,000/pupil. How do we know money is not the solution to our dire school performance....we have never tried it! According to Mr. Garcia, the situation for school funding right now is ten times worse than it was due to Prop. 13 in the past due to state budget constraints. A large class in the East is 27 students, in California 35-40 is common. Imagine an English teacher trying to grade a class of papers consisting of 40 students!

We spend $50,000/year for prisoners, and $5,000/year for students. Mr. Garcia believes in Education to pull people away from prison, and $5,000 is not adequate to get the job done. He thinks "no child left behind" left everyone behind. In SF specifically, he is moving towards a hybrid of neighborhood school preference combined with option choice of school. 70% of parents still choose a school that is not their neighborhood school, but Mr. Garcia would argue it's a chicken and egg situation. Until a critical mass of local parents start to choose and participate in their local school, they will continue to choose a proven higher performing school further away.

This was the Superintendent's last speaking engagement before announcing that he will retire in July.

Les Andersen won the Raffle Drawing for two bottles of wine donated by Kevin Leong "the elder."

Loren Lopin is the chair of next week's program, presented by Dr. Michel Accad on "Preventive Health Care and current public health policies."
Rotarians and Rotaractors gathered to plant trees at the Holly Courts public housing complex in Bernal Heights.

New member Randy Katz planting a tree.

Dr. Angelo Capozzi and his wife Louise helped to plant trees.

Cecile Chiquette and Ehlan Siddiqi turn in their tools.
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by SF Rotary Webmaster

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CLUB OFFICERS AND DIRECTORS
by SF Rotary Webmaster

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Rotary International President: Kalyan Banerjee

OTHER CLUB MEETINGS
by SF Rotary Webmaster

San Francisco West
Tuesday, 7:30 AM, Lakeside Cafe, 2529 Ocean Avenue
San Francisco Greater Mission  
Tuesday, 7:45 AM, Double Play Restaurant, 2401 16th St.

San Francisco Bayview  
Wednesday, 7:00 AM, Southeast Community Facility  
1800 Oakdale Ave. S.F. 94124

San Francisco Chinatown  
Wednesday, 12:00 Noon, Four Seas, 731 Grant Ave

Fisherman's Wharf  
Thursday, 7:30 AM, Franciscan Restaurant, Pier 43 1/2

**ROTARY INTERNATIONAL FOUR-WAY TEST**

by SF Rotary Webmaster

1. Is it the TRUTH?  
2. Is it FAIR to all concerned?  
3. Will it build GOODWILL and BETTER FRIENDSHIPS?  
4. Will it be BENEFICIAL to all?