

The Rotary Sun

...the official newsletter of
the Rotary Club of Grand Cayman Sunrise...



Tue Nov 22, 2011

Home

23 November, 2011
Vol. 5 No. 20

Editor J.D. Mosley-Matchett
If you have any comments or questions,
please contact the editor.

Club Events

New Generations Committee Meeting
Grand Old House
Nov 23, 2011 at 8:00 AM

Weekly Programs

Nov 23, 2011
Dr Pavlov Rameau
Polio Plus

Nov 30, 2011
Deborah Chambers
Ambassadorial Scholarship

Dec 07, 2011
President Andrea and Directors
Business Meeting

Dec 21, 2011
President Andrea and Rotary Sunrise
Members
Rotary Sunrise Family Christmas Meeting -
5:30-7:00pm Grand Old House

Jan 04, 2012
Rotaract Blue

Jan 11, 2012
President Andrea and Directors.
Business Meeting

[View entire list...](#)



Save the Date!
District 7020
Conference
Cotes des Arcadins, Haiti
17-21 April, 2012
See the video at:
<http://tinyurl.com/6fjdro7>

ClubRunner Sponsors

PolioPlus

A "Rotary Foundation Month" article
by Rotarian Pavlov Rameau
2011-2012 PolioPlus Chair

Polio is caused by the poliovirus which is an Enterovirus. There are three serotypes of the poliovirus. Polio is a disease limited to primates.

The spread of Polio is facilitated by crowding and poor sanitation.



After ingestion the poliovirus is thought to infect the epithelial cells in the lining (mucosa) of the gastrointestinal tract and then spread to and replicate in the lymphoid tissue of the tonsils and Peyer's patches in the gastrointestinal tract. The poliovirus is stable in acidic environments hence it is not destroyed by stomach acid. The virus then spreads to regional lymph nodes and into the blood stream. Through the blood stream the virus spreads to the central nervous system. Poliovirus is also thought to spread via peripheral nerves to the central nervous system.

Clinical features

Most Poliovirus infections are asymptomatic.

After an incubation period of 3-6 days, about 5% of the infected patients present with fever, malaise, sore throat, headache, muscle aches and decreased appetite. This condition is called Abortive poliomyelitis and resolves within 3 days.

Another 1% develops aseptic meningitis which is called the Nonparalytic poliomyelitis.



The least common presentation is Paralytic Poliomyelitis. After one to several days following aseptic meningitis, the individual presents with severe back, neck and muscle pain and rapid or gradual development of muscle weakness. Weakness is generally asymmetrical and involves the proximal more than distal muscles and legs more than arms. Weakness also involves abdominal or chest muscles and muscles involved with swallowing. Paralysis develops and depending on the involved muscles inability to swallow, speak, breath or walk occurs. Aspirations are common. Paralytic disease is more common among older individuals and pregnant women. Most patients with paralysis recover some function weeks to months after infection. About 2/3 have neurologic complications.

Vaccines

There are two vaccines available to prevent Polio. The Inactivated Poliovirus Vaccine (IPV) is used in the industrialized countries. The Oral Poliovirus Vaccine (OPV) in the developing countries.

Our goal

There are about 400 cases of polio left to cure, a 99 percent drop since 1988. The virus has a contagion rate of one to four. Therefore, it is important to continue the cure until eradication. Polio will be considered eradicated when no cases are reported for 3 years. Rotary has contributed to more than a billion U.S. dollars in 122 countries. Today, Rotary has raised an additional 192 million dollars of the 200 million dollars pledged, in order to match Bill and Melinda Gates' contribution. These efforts will help the cost of operational support, medical personal, laboratory equipment and



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The 4-Way Test

Of the things we think, say, or do:

Is it the truth?

Is it fair to all concerned?

Will it build goodwill and better friendships?

Will it be beneficial to all concerned?

The Rotary Grace

O God and giver of all good,

We thank thee for our daily food.

May Rotary friends and Rotary ways,

Help us to serve thee all our days.

[Important Links](#)

educational materials. We are very close to our goal.

The Rotary Sunrise goal is to raise \$7,500 C.I. this year for the fight against Polio. Thanks to the generous contribution of the club members, Rotary Sunrise has reached the half-goal mark before the half-year mark.

Here are a few ways our club can participate:

Raise awareness

- Create YOUR own "This Close" ad and make it your Facebook profile photo, for those who use Facebook.
- Ask the Cayman Islands government to commemorate World Polio Day on October 24th.
- Attend the "End Polio Now" lighting scheduled at Camana Bay for the weekend of February 24th.
- Have a Polio Box in all major stores in Camana Bay for two weeks around Rotary's birthday on February 23rd when we celebrate Rotary's PolioPlus achievements.
- Make a donation toward polio eradication.



Proposed Nominee for 2014-2015 District Governor

Sophia Harris, LL.B. Past District 7020 Assistant Governor for the Cayman Islands

Sophia-Ann Harris (nee Solomon), the founder of the firm Solomon Harris, is a graduate of the Cayman Islands Law School and has a degree from the University of Liverpool, England. She received an award from the Chamber of Commerce and the Cayman Islands Bar Association for scholarly achievements and was called to the Bar in 1991.

Sophia practiced with a large Cayman firm before leaving to establish Solomon Harris which currently also has an office in Switzerland. Her specialties include mutual funds and unit trusts, immigration, corporate and commercial law, bond issue, trusts and matters of local law.

Sophia has served as a member of the labour appeals tribunal and acts as a director for other notable institutions including the Butterfield Bank (Cayman) Limited. She served as the Chairwoman for the Immigration Department's Business Staffing Plan Board for 2 years and sat on the Immigration Review Team for the review of the Immigration Law 2003. Sophia has also served on the Board of Governors for the University College of the Cayman Islands and is currently Chairwoman of the Immigration Appeals Tribunal.

Sophia is a council member of the Cayman Islands Law Society and sat as a council member of the Caymanian Bar Association. She is a Past President of the Rotary Club of Grand Cayman, serving as the first female president in the Cayman Islands and is a past Assistant Governor for the Rotary Clubs within the Cayman Islands. She is a Past President of the Chamber of Commerce and during her term with the Chamber she has addressed the United Nations on a number of occasions including the United Nations General Assembly on constitutional matters for the Cayman



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- » [Rotary Club of Cayman Brac](#)
- » [Rotaract Club of Grand Cayman](#)
- » [Rotaract Blue Cayman Islands](#)
- » [Rotary Club of Weston](#)
- » [Rotary District 7020](#)
- » [2011 District Conference in St. Thomas](#)
- » [Rotary International](#)
- » [RI YouTube Site](#)
- » [2011 RI Convention in New Orleans](#)
- » [Paul Harris Society](#)

**2011-12
Rotary Leadership**

**RI President:
Kalyan Banerjee**

**District 7020 Governor:
Guy Theodore**

**Past District Governor:
Diana White**

**Asst. Governor - Cayman:
Rosalie Jamieson**

Islands.

Pines Birthday Celebration

Photos and Comments Submitted by Director Barbara Anley

The birthday celebration at the Pines Retirement Home on Saturday turned out pretty good and the Rotaractors were terrific singers. The 94 year old fella that Pat was helping to eat his dinner, had to be helped out of his chair because she fed him so much food!



And the sweet elderly lady that James was assisting kept taking the food out of her mouth and putting it back on the plate. James finally gave up..... Kim did a terrific job with getting the gifts and Chris was awesome on the piano. The staff at the Pines were absolutely wonderful and a real pleasure to



share this celebration with. Champion house provided the food and there was not even a doggy bag left it was so good.

Thanks to everyone who helped make the day a fun occasion for the residents of the Pines!

Savannah Primary Students Receive "Joy"



IPP Michael and VP JD met Mrs. Victoria Nelson's Year 3 class and distributed enough of the club's character development books (*All the Joy in the World*) to provide one for each Year 2 and Year 3 student. An equal number of matching bookmarks were also provided. In the photo appear Mrs. Nelson, her Year 3 students, IPP Michael, and Mrs. Marcia

2011-12 Sunrise Leadership

President:
Andrea Bryan

President Elect:
Tony Catalanotto

Vice President:
J.D. Mosley-Matchett

Immediate Past President:
Michael Levitt

Secretary:
Frank Balderamos

Treasurer:
Paul Drake

Club Service Director:
Deborah Chambers

Fundraising Co-Directors:
Glen Trenouth
Shannon Sylvestre

Fellowship Director:
John Elliott

New Generations Director:
Deirdre McFarlane

Literacy Director:
Woody Foster

Community Service Director:
Barbara Anley

International Service Director:
Richard Purdom

Public Relations Director:
Christine Sanders

Rennie who is the school's principal. IPP Michael also suggested the launch of an EarlyAct club at Savannah Primary in January. Stay tuned for future updates...

This Week's Best Photo Op!



(Note the message that appears just behind IPP Michael.
You just can't plan a shot any better than that!)

Save the Date:
District 7020 Conference
Cotes des Arcadins, Haiti
17-21 April, 2012



Watch the announcement video at:
<http://tinyurl.com/6fjdro7>

Sunrise Birthdays & Anniversaries for November

Posted by J.D. Mosley-Matchett on Nov 01, 2011



November Birthdays

Rex Crighton, Nov. 6
Perry Rombough, Nov. 11
Barbara Anley, Nov. 16
Steven Sokohl, Nov. 18

November Club Anniversaries

Gareth Pulman, Nov. 8 (5 yrs)
Barbara Oosterwyk, Nov. 19 (8 yrs)
Tony Catalanotto, Nov. 21 (4 yrs)
Omar Chambers, Nov. 21 (4 yrs)
David Reid, Nov. 22 (5 yrs)
James Chiweshe, Nov. 26 (3 yrs)

Woody Foster, Nov. 30 (9 yrs)
Raquel Solomon, Nov. 30 (9 yrs)

Guests and Visitors from 16 November 2011...

Posted by Deirdre McFarlane on Nov 23, 2011



Guests of Rotarians on 16 November 2011 (as signed in):

Betsy Kelly, Guest of Rotarian Michelle Bouchard
Nancy Tracey, Guest of Rotarian Finley Joseph
John Myles, Guest of Rotarian Finley Joseph
Mellony Bryan, Guest of Rotarian Raquel Solomon
Irene Gut, Guest of Rotarian Berna Cummins
Julianne Partolisi, Guest of IPP Michael Levitt

Visiting Rotarians on 16 November 2011 (as signed in):

John Epp, Rotary Club of Regina Eastview
Andrea Balderamos, Rotaract Rotary Club of Grand Cayman
Paul Palmer, Rotaract Rotary Club of Grand Cayman
Stephanie White, Rotary Club of Grand Cayman

Duty Roster for 23 November 2011

Posted by Alan Brady on Nov 23, 2011



Here's the list of members performing the respective duties for this week's meeting:

Greeter: Rotarian Pavlov Rameau
Grace: Rotarian Geoff Mathews
Four Way Test: Rotarian Christine Sanders
Raffle: Rotarian Enoka Richens
Rotary Minute: IPP Michael Levitt
Sergeant's Assistant: Rotarian David Gordon
Sergeant: Rotarian Kevin Butler