



Crutches 4 Africa-Rotary Service Day Project Friday, May 13th 2011 Starting at 9:00AM

Mission: Crutches 4 Africa is dedicated to helping those with the basic human need of mobility. C4A collects mobility devices (MDs), which include crutches, canes, walkers and wheelchairs, and ships them to Africa for distribution. To learn more about Crutches 4 Africa visit <http://crutches4africa.org/>

Crutches 4 Africa, a 501(c)3 organization, was started in 2005 when the founder, David Talbot was working in Africa on a documentary film for another non-profit organization. While working in Uganda, David saw the great need for mobility devices.

As a polio survivor himself, David is very aware of mobility issues. With the onset of Post Polio Syndrome, he has had to return to using crutches himself. Observing people using tree limbs, rough hewn crutches and often, nothing at all; just scooting along on the ground using their hands and arms for locomotion, the idea for Crutches 4 Africa was germinated. David is a member of the Mountain Foothills Rotary Club of Evergreen, CO.

Service Day Overview:

We will be loading a 40' storage container for shipment to Africa. Dave Talbot will be part of the District Conference and assisting in the loading of the container.

Contact: Dennis Robillard 207-468-0443 or Dennis@RISC-now.com

FAQ's:

- How Many Rotarians needed: 15-20
- Transportation: We will have a mini van available to transport people to the site or they can drive themselves to the Armory in South Portland. It is the building behind the Fire Department located at 684 Broadway, South Portland, ME 04106
- Equipment needed? Pair of work gloves would be suggested and dress for the weather to be comfortable.
- Refreshments: We will supply snacks and beverages.

Directions from Sable Oaks Parking Lot

- Start at **200 SABLE OAKS DR, SOUTH PORTLAND** going toward **RUNNING HILL RD** –
- Turn Left on **RUNNING HILL RD** - go **0.1** miles
- Continue on **GORHAM RD** - go **0.9** miles
- Bear Right on **WESTERN AVE(ME-9)** - go **0.2** miles
- Continue to follow **ME-9** - go **0.3** miles
- Turn Left on **BROADWAY** - go **1*** miles
- Straight through intersection of Route 1
- Bear Right on **BROADWAY** - go **0.7** miles
- Turn Left on **BROADWAY** - go **1.1** miles
- Go past fire department on right and take right at light.
- Take immediate right on **Armory Street** and arrive and Armory