

**Rotary International** encourages Rotary club and district efforts to improve health and nutrition in their local and world communities. Clubs are encouraged to conduct projects that improve nutrition, reduce vulnerability to preventable or treatable diseases, and increase access to safe drinking water and basic sanitation.

**Strategies for Clubs and Districts:**

- Invest in inexpensive solutions, i.e. immunizations; insecticide treated mosquito nets, nutritional supplements, antibiotics, oral rehydration therapy.
- Educate women and girls
- Train health care providers
- Strengthen health systems in local communities to provide technical health interventions
- Promote partnerships
- Involve governments

**Criteria for Zone 32 Award**

A club or district must complete five (5) activities or projects that address health and hunger needs before **April 15, 2012**.

Submit completed application to:

Name: Alan Hurst

Email address: [jlaureni@yahoo.com](mailto:jlaureni@yahoo.com)



**Reach Within to Embrace Humanity**

***Rotary International 2010-2011***

**Zone 32 Health and Hunger Award**

***President, Rotary International***

**Kalyan Banerjee**

***Director Zone 32***

**Ken Grabeau**

***Rotary Coordinator Zone 32***

**Alan Hurst**

***Assistant Rotary Coordinator Zone 32***

**Joe Laureni**

**Suggested Activities for Health and Hunger  
Zone 32 Award**

- Promote giving blood in your club and your community
- Invite speakers to present programs about aspects of health and hunger at a club meeting
- Organize a community project in health, such as a health fair, perhaps in conjunction with your local library or chamber of commerce.
- Volunteer to serve at a soup kitchen
- Develop a project to improve health in your community where a need exists
- Conduct a project in which every new mother at a local hospital receives a package of information regarding good health and nutrition
- Promote a contest, whereby children write, draw, paint, or use some other type of materials, to present their rendering of health and hunger needs.
- Become involved in an international health or hunger project either hands on, shipping supplies or by providing grant support, i.e., AIDS, World Food Programme, PolioPlus, Operate Heart Surgery, and HungerPlus.
- Prepare an exhibit of your club's health and hunger projects and display it at your district conference.

**Participate in five (5) of these or any other Health and Hunger projects or activities, and Zone 32 will recognize your efforts. For further information contact your Assistant Rotary Coordinator.**

**Health and Hunger Certification Form**

I, \_\_\_\_\_, President of the  
Rotary Club of \_\_\_\_\_, District  
\_\_\_\_\_, Country \_\_\_\_\_, certify that  
our club has completed the health and hunger activities listed below  
to qualify for a Health and Hunger Zone 32 Award:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

**President's Signature:**

\_\_\_\_\_

**E-mail:** \_\_\_\_\_

**Date:** \_\_\_\_\_

*Please send this form to  
Zone 32 Assistant Rotary Coordinator  
By 15 April 2012*

**Joe Lauren** *jlaureni@yahoo.com*,