Hi again everyone,

Another very good meeting on Wednesday night with almost a full house. Our Guest speaker Mr. Charles Tuchtan (founder of the Australian Institute of Fitness) gave us a wonderful insight into his career, which fitted in well with this month’s Vocational Theme. I first thought he was going to speak about fitness, but his career encompasses much more than that. His energy and enthusiasm for the topic was highly infectious, and all were very impressed by the amount he has packed into his career (so far).

As a club, we also discussed the proposal from DG Ross Butterworth where he recommended that our forthcoming “Horizon Study” be accomplished as a club, using a facilitator from District. This is the reverse of the current approach where a committee conducts the review and presents it to the Club. The members agreed it would be good to try a different approach and at the same time gather an outside perspective. The members suggested that we should conduct this on a meeting night extended from 6:30 - 10:30 (or possibly earlier) to cover the 4 hours needed. I took the action to approach District to engage a facilitator and with David Shave look at the forward program to find a suitable evening for this event.

In other news, Andi and I attended Glenferrie Club’s meeting on Tuesday night. It was intended that Justin and our Rotaract candidates also attend but other commitments made this impossible. Nevertheless it is always interesting to observe other clubs in action, particularly those with which we have so much in common. Their guest speaker was a volunteer who spent enormous time and energy providing Veterinary services to Aboriginal Communities in the Northern Territory. The dedication and commitment of these folks is indeed remarkable.
Guest Speaker — Charles Tuchtan has a 15 year career (to date) in education and training, primarily in sports health care. “Planned Happenstance” i.e. being prepared to take the career opportunity when it comes along has served Charles well as he moved between organizations and roles. At the Australian College of Natural Medicine, this approach took him from lecturer to course co-ordinator to head of faculty, having written a number of text books and designed their Bachelor of Health Science degree programme. From here he moved to the Australian Institute of Fitness where he progressed from training manager to careers director to a partner in the business. He has also been involved in the Australian Institute of Massage (Sage) which has diversified into child care and aged care training with annual sales turnover of some $30m. A few fundamental principles which have guided Charles include:

- Do what you are passionate about
- Do what you can be the best in the world at, and
- Do what drives your economic engine

What next for Charles...well that may well depend on Planned Happenstance.

Members Moment – John Pocock provided a timely review of the history of polio and steps to its eradication.

1952: A worldwide outbreak peaked at 600,000 cases – patients were treated with splints, supported in “iron lungs” or put in body casts until an Australian nurse pioneered the idea of treating with physical therapy.

1955: An American researcher Jonas Salk developed an injectable inactivated vaccine.

1957: An American physician-researcher, Albert Sabin, tested an oral polio vaccine that contained a live, weakened form of the disease. Although it can cause polio - in about one in 250,000 cases - it has practical advantages - it’s cheap and doesn’t require any expertise to administer, so it’s relatively easy to deliver.

1977: Last Polio case in Australia.

1979: Rotary International started a polio eradication campaign in the Philippines, led by the club’s president at the time, Clem Renouf - an Australian who travelled to that country to convince its health ministry to allow a concentrated polio immunisation campaign to vaccinate 6.3 million children. This program’s success led to the genesis of Rotary International’s PolioPlus program.

Polio is yet to be totally eradicated with cases in Nigeria and the risk of recurrence in places like Afghanistan, Pakistan and potentially India. Progress overall has been monumental. The WHO estimates that more than 10 million children - have been spared from paralysis. Healthcare workers have given more than 10 billion doses to 2.5 billion children at a cost of US$8.5 billion. Yet, the 2013 budget of the Global Polio Eradication Initiative (GPEI) still falls short of the US$1.05 billion needed for this year and the global vaccination program continues to be hindered by political resistance...an on-going need for Rotary.

President’s Announcements

- District has created two new positions and is looking for nominees. The new posts are:
  1/ DISTRICT COUNCIL ON LEGISLATION REPRESENTATIVE AND
  2/ DISTRICT RI DIRECTOR NOMINATING COMMITTEE REPRESENTATIVE
  Anyone interested I can provide the nomination form.
- The other big event happening this month is End Polio now day. 24th October where we are raising awareness that we are close to making this disease extinct.
Directors’ Reports

**Ed Brown** will be looking for a few volunteers to work at CamCare on Saturday – several people nominated from the floor.

**Justin Wibrow**, together with John Orr and David Shave attended Part 2 of RLI which focused on Foundation and how our contributions are allocated as well as how to obtain district grants. RLI Part 3 will be in December. Work towards the Swinburne Rotaract Club and Mentoring in conjunction with Hawthorn RC projects are progressing well.

**Anne Brown**, as part of Women in District initiative is helping to organise a pop-up shop in Kew selling hand crafted goods in the lead up to Christmas

**Dario Brosolo** will be canvassing members next week on contributions (food platters) for the traditional Oakes Eve event at his home held together with Heidelberg RC.

**David Shave** confirmed changes to teh Market Roster and the Wednesday meeting programmes – see schedules in the Bulletin.

**Thought of the week – Tony Boyd:**

> Knowledge is the process of piling up fact; wisdom lies in their simplification. (Martin H Fisher)

### Club News - Upcoming Events

<table>
<thead>
<tr>
<th>Event</th>
<th>When and where</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vocational Visit</td>
<td>Wednesday 23 Oct vocational visit to the Wilderness Wear manufacturing facility in Preston, followed by dinner at the Olympic Hotel – location TBA</td>
<td>Justin Wibrow</td>
</tr>
<tr>
<td>Police seminar on security in the local Retail precinct</td>
<td>Wednesday, 30 Oct – Boroondara Council – location TBA</td>
<td>David Shave</td>
</tr>
<tr>
<td>Oakes eve function</td>
<td>Wednesday, 6 Nov – address TBA</td>
<td>Dario Brosolo</td>
</tr>
<tr>
<td>Sausage Sizzle</td>
<td>Saturday 23 Nov : Masters Hawthorn</td>
<td>David Chivers</td>
</tr>
<tr>
<td>Luncheon to commemorate the 25th anniversary of Royce Abbey's presidency of Rotary International</td>
<td>Sunday 10 Nov, 12 to 3pm Ultima Function Centre Chr Keilor Park Dve &amp; Ely Crt (Melway map ref: 15, B8)</td>
<td>Payment ($45 per head) to Rotary Club of Essendon RSVP to office of Sam Tartaglia, 03 9326 1455 (business hours) 231 Union Road, Ascot Vale, 3032 Email: <a href="mailto:sam@tartaglia.com.au">sam@tartaglia.com.au</a></td>
</tr>
</tbody>
</table>

| Sausage Sizzle                             | Sunday 15 Dec : Bunnings Hawthorn                                             | David Chivers    |

### Some Useful Websites

Information about the **District 9800 Conference** for 2014 at **Jupiters Gold Coast** can be found at: [www.rotary9800conference.org.au](http://www.rotary9800conference.org.au)


Information about the **Bright Future Project** in Nepal can be found at: [www.isabelarmar.blogspot.com.au](http://www.isabelarmar.blogspot.com.au)

Information about the **Rotary Foundation** can be found at: [http://www.rotary.org/EN/ABOUTUS/THEROTARYFOUNDATION/Pages/ridefault.aspx](http://www.rotary.org/EN/ABOUTUS/THEROTARYFOUNDATION/Pages/ridefault.aspx)

Specific information about **Rotary partnering and resources** can be found at: [http://www.rotary.org/en/Contribute/Pages/ridefault.aspx](http://www.rotary.org/en/Contribute/Pages/ridefault.aspx)

**RC Kew on Yarra** website  

**Rotary Downunder** website  

**RC Woodend** website (Sister club of RC Kew on Yarra)  
[http://www.rotarydistrict9800.org/woodend](http://www.rotarydistrict9800.org/woodend)
**BIRTHDAYS**
21 Oct  
Tony Boyd
28 Oct  
David Shave

**ANNIVERSARIES**
28 Oct  
Anne and Ed Brown

**PROGRAM**
16 Oct  
Forum/Board Mtg
23 Oct  
Vocational visit to the Wilderness Wear manufacturing facility in Preston, followed by dinner at the Olympic Hotel
30 Oct  
Oakes Eve at Dario Brosolo’s

**MARKET ROSTER**
20 Oct  
Dario Brosolo
27 Oct  
Anne and Ed Brown
3 Nov  
John Orr
10 Nov  
Matt Pollard

**Meeting**

<table>
<thead>
<tr>
<th>Date</th>
<th>9 October, 2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Speaker</td>
<td>Charles Tuchtan</td>
</tr>
<tr>
<td>Present</td>
<td>17 members</td>
</tr>
<tr>
<td>Guests</td>
<td>N/A</td>
</tr>
<tr>
<td>Apologies</td>
<td>William Liew, Isabel Armer</td>
</tr>
<tr>
<td>Chairperson</td>
<td>Anne Brown</td>
</tr>
<tr>
<td>Meeting Closed</td>
<td>8.30pm</td>
</tr>
<tr>
<td>Door Prize</td>
<td>Ken Maher</td>
</tr>
</tbody>
</table>

**Bob’s Bad Un**

A stranger walks into a pub and notices a tortoise in a fishbowl surrounded by $10 notes and a cut-throat razor hanging in a nearby peg.

Curious, he asks the bartender why the tortoise and razor.

The Bartender says “Old Enos he’s a snapping tortoise and bit my thumb off 23 years ago. I wanted to cut his head off but he’s too quick for me, so I set up this contest here. You drop in $10 and take Enos out and when he pops his head out you try to cut it off with the razor. If you can, you get all the money but so far no-one’s ever done it.”

So the guy agrees to give it a try and drops in $10. He pulls out the tortoise and waits patiently for Enos to pop out his head, with the razor poised above the opening. Eventually Enos sticks his head out and the razor falls, but Enos is too quick and darts back in his shell. Everyone laughs but the stranger drops in another $10 for another try.

This time he sets up the razor as before, but with his other hand he jams his finger in the back of Enos’s shell. The tortoise ’s head pops right out of the shell and the stranger chops it off.

Everyone is amazed and the bartender asks him where he learned the trick. “Not much of a trick really”, says the guy. “I work in Joe Hockey’s Department and that’s how we get a tie on him in the morning!”