



# Kingston - North Kitsap Rotary Club

[www.kingstonnkrotary.org](http://www.kingstonnkrotary.org)



Newsletter

January, 2011

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## “Service Above Self Radio” debuts at Kingston/NK Rotary



It's a good bet that our Kingston North Kitsap Rotary Club made history amongst the 33,000 clubs that dot the globe when charter member Dr. Thomas Lamar gave his presentation on podcasting at the last meeting of 2010.

And while the topic of podcasting is new to a lot of people, what made his presentation unique and one for the history books was that instead of giving the traditional “behind-the-podium-Power-Point-presentation,” he made his presentation on podcasting an actual podcast! In other words, he conducted what amounted to be a live radio show in front of an audience of twenty-five, complete with his radio-style microphone and mixer board. He even brought along his ten year-old audio engineer-son, Logan, to ensure it all ran smoothly.

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*Meeting on Wednesdays at Noon, Kingston Yacht Club, at the Kingston Marina*



# From the President:

I have recently been travelling all around the Kitsap Peninsula talking to different people and organizations about the homeless situation in our county. I feel it is bad and getting worse what with the major cutbacks on spending necessitated by the budget deficit facing all levels of government. I also feel that it is intolerable that a country as rich as ours have so many citizens hanging on by a thread. I feel that we, as an organization, along with many other organizations in our community, need to come together to address this problem and come up with some solutions.

At our last meeting in December, Tom Lamar showed us what podcasting was all about and how it is one of the communication vehicles of the future. As a result of questions asked after the presentation, Tom came up with the idea of a community podcast called: "Service Above Self Radio" where all organizations in the community can discuss what they are doing. Maybe through this media we can energize our community to really attack this problem of homelessness head on.

Hope you all had a happy holiday and Happy New Year;

*Fredrick*

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## *"Radio" continues:*

His live show detailed what he called "The Power of the Podcast" as he explained what you need to know in order to fully understand this cutting edge medium of communication. Essentially, Lamar taught, podcasts are Internet radio shows that give you the power to listen to what you want, when you want, where you want, and even how you want. And with over 137,000 shows listed on iTunes alone, that's a lot of power.

Lamar started a podcast for his chiropractic business, Anchor Chiropractic, one year ago. The podcast, which can be found at [SpinalColumnRadio.com](http://SpinalColumnRadio.com), has allowed him to not only further educate his patients and the community, but has developed a global audience and has opened up many other opportunities for him.

And while Kingston's tight-knit audience enjoyed the show and had a chance to ask questions on the roving mic that past president Dan Martin manned, what perhaps is more amazing is that anyone on the planet with a computer and an Internet connection has a chance to do the same. You can too, by visiting the club's website at

[www.KingstonNKRotary.org](http://www.KingstonNKRotary.org).

Following the live radio show podcast Tom's mind started working overtime on how this club could harness the "Power of the Podcast" to serve the community. "It really was a dovetailing of multiple conversations that I've been having with other club members," Lamar shared.

One such conversation started when Club President, Fredrick Branchflower, asked him during the Q and A session of his live podcast performance if he was aware of any podcasts that highlighted social issues like homelessness. But when Assistant District Governor Joanne Croghan, seeing the incredible communication potential this medium could provide for clubs all over, later invited him to conduct a similar live show at the District Conference... the dots began to connect for him.



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# The Gift

By Cecilia Stanger Stevens  
(contributed by Jon Sole)

As each and everyday goes by what is it that we see?

The faces all around us and what it means to be.

A person who is cared about and shares a place of light,

Amidst a world of chaos that leads to states affright.

As we look around each day what are we meant to see?

Is it strife, lost life and battles from here across the sea?

Or, love between our brothers our families you and me.

A world free of troubles is that what's meant to be?

Each and every day we have a chance to be the light

In someone else's life that might be filled with fright.

It could be someone close to us losing cancer's hold

Or, perhaps a family member who has a simple cold.

What is the gift we all can share to those who are in need?

The gift that can take moments or much longer, yes indeed

You need not wait till Christmas to give this priceless gift

Today, tomorrow and everyday will give each one a lift.

The gift is time, the time it takes to say, how are you?

The time it takes to hug your child, even when you're blue.

To give a pint of blood for the patient you don't see

Giving them the time to live to be with you or me.

The time you give to volunteer or give a lending hand

Will be a gift to you as well- you will understand.

This next year as life goes on, maybe you will find

You need not spend a dime or more to give the gift of time.

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***Kingston/North Kitsap Rotary supports the Puget Sound Blood Center and encourages everyone to give blood regularly.***

***This year's program was a great success! Thanks to all who participated and contributed. Don't miss the next drive - here in Kingston on January 25th.***

***Information on donating is available by visiting the Center at their [website](#).***

***Please help us in this most worthwhile cause. Save a life!***

Be someone's hero today.

give



BLOOD



### ***"Radio" continues:***

"Kingston Rotary needs a Podcast!" Lamar thought. "But it needs to be more than that," he continued. His vision: To create a fun and informative radio-style podcast that will bring about awareness and encourage involvement with listeners in the local community (and beyond) about not only what Rotary is doing to improve the area, but perhaps, more importantly, what other service clubs, groups, non-profits, and even individuals, in his neighborhood are doing to make a difference. So in this way, Kingston Rotary will become a leader in utilizing this rapidly growing communication medium and position itself to be the podcast that North Kitsapers turn to when it comes to community-minded service.

As such, the Kingston North Kitsap Rotary Club will proudly produce ServiceAboveSelfRadio.org. Host Dr. Thomas Lamar will interview President Fredrick for the first episode about the purpose of the show and will touch on their club's current emphasis on homelessness. Plans are being made to do further episodes about how others are tackling the homeless issue, as well as interviewing the president of the local Kiwanis Club about their involvement with the local Boys and Girls Club.

***Stay tuned for more!***

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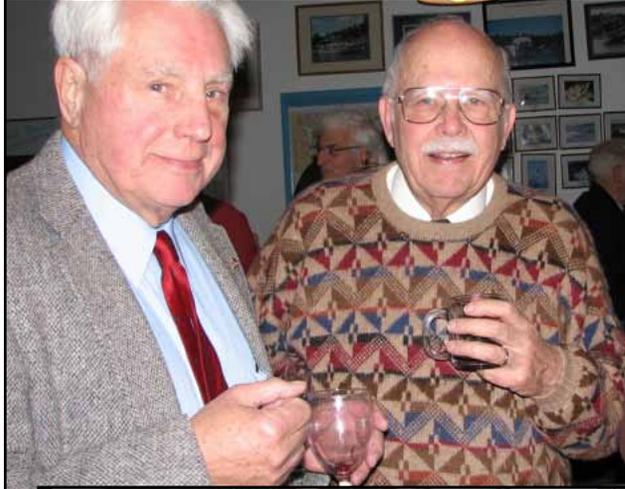
## **Christmas Party Pics!**

**No captions needed to recall a great Rotary Holiday Bash. Looks like a fine time was had by all. Your Editor and his better half sure wish we had been there...**





# More Xmas...





# From the International Scene

*By Bill Maule*

The Holiday season turned our thoughts away from the need for help abroad towards the local scene, but now we begin to think internationally once again. There is no recent news on our project in Belize, which we can also blame on the holiday season. Watch this space in February for more exciting news.

As has been traditional, the International Services Committee will, during the next month or so, refine its current budget and consider the use of additional funds that will not be needed thanks to the lamented end of the Group Studies Exchange program. At the same time we will be turning our attention to the next Rotary year, considering anew our longer term goals and objectives. We will also begin gathering and considering ideas for future international projects. All suggestions will be received with pleasure.

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## Community Service News

*by Clint Boxman*

When looking forward to the year ahead and the Community Service Projects for 2011, I think you'll agree - this looks to be a great year for our club!

In a few short weeks, we will be embarking on our monthly planning meetings for this year's Golf Tournament (Scheduled for Friday, June 24th at White Horse Golf Course in Kingston). Stay tuned for when those meetings will take place. Sondra Peters and Breane Martinez will be our fearless leaders in that endeavor. If you are interested in being apart of the various committees, please let either of them know at the next Rotary Meeting.

Our Kingston 4th of July Fun Run is already off to a good start. This year will be the 4th Annual Event. Our partnership with the Kingston Running Club in putting on the event is blossoming. To date, we already have commitments from several of last year's local sponsors that helped pay for all the t-shirts handed out as well as a major sponsorship from Brooks Running. Letters are also being sent out right now to various companies throughout the running world - Aquafina Water, GU, Gatorade, Nike, Reebok, Big 5 Sporting Goods, etc. Our goal is to have at least 300-runners participate in this year's event. As we get closer to the date, I will have assignments and tasks to delegate out to those interested in helping make this race the best yet. Meantime, if you do know of other businesses - local or national - that you have a connection to or think we should reach out to to request money or donations, please let me know.

2011 may be the year that we also expand our fundraising endeavors. We are right now in the process of entertaining the idea of a Gala Dinner Auction event. Right now we are working out the details as to when, where, and what kind of items we collect to auction off. Most Rotarians feel as though it would be an event best suited for the Fall - around October. Let me know what you think.

These are obviously just a few of the big fundraising endeavors our Rotary club is pursuing. But where does the money we raise go? Thus far in our Rotary Calendar Year 2010-2011, we've purchased new signs for the Blood Drive. They are weather resistant and can also be used to promote our Fun Run, Golf Tournament, and Beer Gardens. Thanks to Jon Sole for his hard work in making it all possible! We've also committing \$3,000 to completing the Kingston Pre-School Co-Op Projects - last year's President's Project of Past-President Skip Peters. As for any upcoming revenue our club makes, we are actively pursuing opportunities to help with the on-going homelessness problem we face in Kitsap County. President Fredrick Branchflower is looking at the situation from all angles and will soon be forming a committee to look into what we as a club can do to get involved. As it stands, our club has already begun to help lend a helping hand. Beginning in January, at our meetings every week we will be collecting toothbrushes, tooth paste, floss, soap, shampoo, deodorant, shaving cream, razors, and other toiletry items that will be distributed to the Kingston Rescue Mission and ShareNet. If you have anything that could help with this cause or have other ideas you want to share on this project, please contact myself or Fredrick.

That's all for now... More to come... Here's to a great year ahead! Happy New Year!



## SWING for Rotary

is set for June 24th, 2011 at White Horse Golf Club.

### MEMBERS IN MOTION:

Who you know counts!

Use a sponsorship form and visit your business friends (Sondra has forms for 2011). Receive a handwritten confirmation on our Golf Sponsorship form and our club treasurer will invoice your sponsor in April.

Get Movin' and Groovin': we need 18 Tee Sponsorships for the 2011 event - Tee Sponsorship = \$350.00

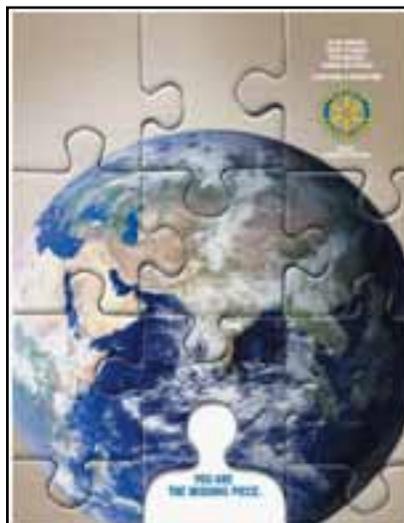
Waiting, and waiting... Verizon Wireless Sponsor Level still to be determined. We have our fingers crossed!

Wanting, and wanting.... Sponsor confirmations for 2011 - this requires YOUR help NOW.

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**facebook**

FOLLOW ROTARY TWEETS ON  
**twitter**

WATCH ROTARY VIDEOS AT  
**YouTube**



JOIN ROTARY'S NETWORK ON  
**LinkedIn**

JOIN ROTARY'S GROUP ON  
**flickr**



# Speaker/Event Schedule:

As if there were any incentive needed to make it to meetings - here's a sample of the interesting speakers and events we've got on tap in the next few weeks:

<u>Date</u>	<u>Speaker/Event</u>	<u>Topic/Notes</u>
1/19	Dr. James P. AuBuchon	Puget Sound Blood Center
1/26	Nicole Robbins	My Turn on Fear Factor
2/2	Club Assembly	
2/9	Mr. Dave Preston Ride West BMW Motorcycles	Motorcycles: what to know when your child or grandchild wants to ride one
2/16	Bruce Fleet, portfolio manager	"The Solomon Secret"
3/2	Club Assembly	
3/9	Rush Baker & Brent Stenmane	Babe Ruth World Series
3/16	Edwin Sterling	Jamaica - its culture and food
3/23	Jo Myers, Stillwaters	Online Community Mapping Project

All of this of course subject to change - but we're sure your interest is whetted!

## Upcoming Duty Roster:

## Plan ahead:

<u>Date</u>	<u>Greeters</u>	<u>Thought for the Day</u>
1/19	Brad Brown Sondra Peters	Naomi Maasberg
1/26	Doug Hallock Bob Winkel	Bill Maule
2/2	Helen Ralph Sally Christie	Bob Winkel
2/9	Jozef Rura Mitch Brockett	Skip Peters
2/16	Dan Martin Suzanne Jenny	Clint Boxman
2/23	Thornton Percival Jessica Larson	Gene Medina

