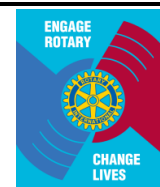


Meetings: Tuesday 12 Noon, Bella Vita Restaurant

President: Adrienne Dale Phone: 778-242-5549 [E-mail the President](#)  
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**TODAY:** Business Meeting  
**NEXT WEEK:** Wanda Morris - Dying With Dignity

**Happy Birthday**

May 22: Ineke Boekhorst

**Happy Anniversary**

May 20: Don & Iola Boyce  
 May 22: Tom & Claire Manion  
 May 24: David & Karen Riddell

**Invocation**

**May 20** Brian Bekar  
**May 27** Peter Boekhorst

**CALENDAR OF CLUB EVENTS:**

Date	Time	Event	Venue
June 7	11am – 7pm	Hot Dog Fundraiser	Mark's Work Wearhouse
June 19	6pm	Installation of new Meadow Ridge Rotary Executive	Pitt Meadows Golf Course
Aug. 31	10am – 3pm	Rotary Duck Race	Maple Ridge Park
Oct. 11	6pm	OktoberFest	Pitt Meadows Heritage Hall

**PEACE CORPS AND ROTARY KICKOFF HISTORIC COLLABORATION**



John Osterlund (far left) and Ron Burton watch as Peace Corps Acting Director Carrie Hessler-Radelet and Rotary International General Secretary John Hewko sign a letter of collaboration on a one-year pilot program in the Philippines, Thailand, and Togo.  
 Photo Credit: Rotary International/Alyce Henson

In an effort to promote global development and volunteer service, Rotary and Peace Corps have agreed to participate in a one-year pilot program in the Philippines, Thailand, and Togo.

Under the agreement, Rotary clubs and Peace Corps volunteers are encouraged to share their resources and knowledge to boost the impact of development projects in these three countries.

Opportunities for collaboration include supporting community projects, training, networking, and community education.

Through the [Peace Corps Partnership Program](#), Rotary clubs can continue to provide small grants to support volunteers and their communities.

Peace Corps Acting Director Carrie Hessler-Radelet and Rotary International General Secretary John Hewko signed the [letter of collaboration](#) on Monday, 5 May, at Rotary's headquarters during a ceremony that was attended by RI President Ron Burton and RPCV Rotary staff. In his remarks to the audience, Burton applauded the collaboration and both organizations' commitments to service.

"Today's announcement is particularly meaningful for me because I come from a family of Rotarians," said Hessler-Radelet, referring to her father, grandfather, and aunt. "We are eager to join together in common efforts to inspire volunteerism across the country and around the world."

Hewko noted how both organizations are committed to improving lives and building stronger communities by addressing the root causes of violence and conflict, such as poverty, illiteracy, disease, and lack of access to clean water and sanitation.

The two organizations also agreed to explore expanding the collaboration to more countries based on the results of the pilot. Rotary will enlist the support of its members in recruiting Peace Corps volunteers and involving returned Peace Corps volunteers in service projects at home.

Read the full story at [www.rotary.org](http://www.rotary.org)

## LAST WEEK'S MEETING

Except for our guest speaker, we had no guests at this meeting, which consisted of 19 club members. (We probably needed some extra bodies, because our singing of O Canada could have used some help).

### Happy and Sad Dollars

**Angie Edmonds** will soon be not-too-distant neighbours with Patrick O'Brien and David Rempel as she and her hubby are excited to have purchased acreage out in the boonies, and will be moving there soon.

**Ineke and Peter Boekhorst's** daughter (who at age 36 is a past president of her West Kelowna Rotary club and now an Assistant District Governor) was thrilled to be awarded a Paul Harris by another member of her club.

Our best wishes for a speedy recovery go to **Brian Johnson** who, as of late, been suffering from bronchitis. That may have stopped him speaking too much but did not prevent him from participating in our meeting and giving us the Rotary Moment.

Our **President Adrienne Dale** was pleased with the great social night which was enjoyed by all at the fireside in the home of her and Warren last Friday evening. She wanted especially to recognize **Matt DeBruyn**, who serenaded us on the violin, and **Laura Cherrille** who helped organize the event. Those who could not make it missed a fun evening, visiting family and friends (and their cute, friendly little dogs which almost got pupnapped) and looking out at the magnificent view from their beautiful home and back deck.



**Brian Bekar** is back!

### Announcements

**Matt DeBruyn** and **his wife Linda** have agreed to take on the job of "Venue-Masters" for the duck race. This is a big job and commitment for which we thank Matt and Linda, and involves making sure that the venue tent is erected every week at the site where the tickets are sold and then taken down. As Matt and Linda cannot be there all the time, Matt wishes to have volunteers assist them in this endeavour.

**Brian Johnson** and **Eric Mollema** volunteered to help out on May 24 when Matt and Linda will be away, and future volunteers are needed. Matt wished to thank Peter Davies who showed up last week really early to assist and make sure that they got the proper spot for our club's booth.

**Eric Mollema** urged all members to complete the Membership Survey which has been emailed to all club members.

### Rotary Moment

**Brian Johnson** spoke briefly about the For Way Test, and gave an example of how he recently applied it in his job as a CIBC mortgage advisor.

### Guest Speaker

Our guest speaker was **David Hobson** who gave a very interesting and informative talk on how we may prepare ourselves for those

occasions when we are called upon to speak in public. By way of background, David was a former Rotarian when he lived in Britain. As a young Rotarian, he started a Rotaract Club in the UK and became District Rotaract Representative in their area. He currently operates his business out of Chilliwack known as HobSpeak Services, and is an expert in teaching persons the skills of effective public speaking, running meetings, listening and negotiating, minute taking, and acting as master of ceremonies.



His web-site tells us that: *he is passionate about helping people improve their confidence and overcome their fear of public speaking. He is an award winning, international speaker, author, professional MC and trainer in personal development skills. With many years of presentation skills experience as well as an acting and improv comedy background, he is able to inspire audiences with a mixture of motivational, humorous, informative and interactive workshops and keynote speeches. As an expert who has been working closely with event planners, companies and individuals, David is a real asset in providing training programs, presentations and MC services to meet specific needs.*

*David is a Distinguished Toastmaster with Toastmasters International, a member of the Canadian Association of Professional Speakers (CAPS) and was trained in the English traditional style of a Professional Master of Ceremonies. He is a winner of several public speaking contests and was awarded to 'Presentation Mastery Award' from CAPS Vancouver Chapter.*

*Email: [hobspeak@shaw.ca](mailto:hobspeak@shaw.ca) Ph: (778) 241-1812*

*Address: 124-9-45905 Yale Road, Chilliwack, BC, V2P 8E6, Canada*

David said that some people are so afraid of speaking in public, such that "at a funeral they would rather be in the casket than giving the eulogy". But David assures us that people can get over their fear of talking in public. He said is a matter of preparation – preparation – preparation.

We must prepare our self, prepare our material and prepare our venue.

**We can prepare our self by** putting our self in the right frame of mind. "No one dies as a result of making a speech. Like a scary ride, we should have the attitude that it will "thrill you – not kill you". We should think of it as "stage excitement" and not "stage nervousness". It helps if we take some deep breaths and do some stretching – that puts us in the right mind".

**We must prepare our material** - what we are going to talk about. Remember to have a hook – a line – and a sinker. The Hook: The person listening to your talk will be wondering "WIIFM" - What's In It For Me. You've got about 15 to 30 seconds to grab their attention. You want to convey right off the bat that you got something to say which will be interesting to them. The Line: You must prepare your materials. When you talk, you should know your subject - you are the expert. Be confident in that. Give them the right amount of information. The Sinker: make it memorable; leave them something that will "sink in".

**We must prepare the venue.** Be there about a half an hour early to check it out. David does not personally use an over-head or computer screen, but he says if you're going to do so, then make sure you know how to operate it and how to fix it if it doesn't work or breaks down. Think about the acoustics, and whether the people in the back row are going to be able to hear you. Do you have to use a microphone? Check to make sure that it is working, and how best to speak into it.

In summary, maintain eye contact with your audience - it is best to make yourself a brief summary in note form - broad headings - to keep you on track, but reading the speech does not generally make for an interesting speaker. Be confident about your subject and, last but not least, be yourself.

#### 50-50

Once again the eagle-eyed treasurer was foiled and could not find the Queen of Hearts. "Oh well", he said, "there will be more in the pot next week".

**Submitted by Laurie Anderson**