“You Probably Don’t Recognize my Face”

Introduced by Dr Murray Young, Bryan Donnelly was warmly welcomed on this return visit to the club. An excellent surgeon, an engaging and entertaining speaker, Dr. Donnelly is credited with saving the life of a few Rotarians, and thus has made a significant contribution to this club.

If you are over 65 years of age when diagnosed with prostate cancer, you are 25% likely to die from the disease. If, on the other hand, you are under 65 years of age (age 40-65), you are 75% likely to die from the disease. This is a critical fact when exploring best treatment options when faced with prostate cancer, according to Dr. Bryan Donnelly, staff urologist at the Rocky View Hospital and Tom Baker Cancer Clinic, and Clinical Associate Professor at the University of Calgary. As a surgeon, Dr. Donnelly is of course certain that surgery is the best option. Notwithstanding, the Prostate Cancer program has a new education program, Prostate 101, that attempts to remove physician bias from the array of treatment options. The Urology Center is committed to helping patients gain a solid education and understand of all treatment options and then letting the patient choose.

The new urology center and also new home of the Prostate Cancer Institute is the top floor of the new parkade at the Rocky View Hospital. Dr. Donnelly tired to figure out how to make it a drive through service but could not overcome the hurdle of being seated in the driver’s seat. More research is required. This new space was entirely made possible with private donations. There are no government funds in this facility. Thanks to the Rotary Flames partnership which was a major contributor. One of the great values of this new center is that it has brought all urology Doctors under one roof. This allows better equipment to be purchased (no site competition for equipment) and allows sub-specialization by physicians which elevates the level of expertise. This center here in Calgary is as well equipped as any in the world. All urology issues are address here, incontinence for example, in what Dr. Donnelly described as the new Pee Palace.

The PSA test is a blood test for a prostate specific antigen, an early marker of prostate cancer. Like more things, it is not perfect; however it is the best we have. PSA is elevated in 75% of men with prostate cancer. 25% of men with elevated PSA will in fact not have prostate cancer. Before the PSA test, prostate cancer was only detected after it had spread, usually to bones, and there was a high mortality rate. After the PSA the mortality rate from prostate cancer has declined considerably.

The urology center got its surgical robot in February and have 3 surgeons trained to use it. To date there is no change in outcomes due to the robot and in fact surgeries take longer. However there is the belief and hope that the increased precision will decrease erectile dysfunction and urine leakage issues. Some men with prostate cancer do not need treatment and current research is geared to discover a method to detect these cases.

Dr. Donnelly was aptly thanked in our usual Rotary manner by Barbara Young.
The meeting:

With Jim Denis on the keyboard, the prestigious head table marched in and President Larry opened with a predictable knock on Calgary’s ‘unspringlike’ weather and the not too shabby performance at the recent Master Tournament. Paul Gagnon gave the invocation.

Jack Schneider took the Rotary Minute and provided an overview of the Duke of Edinburghs awards program and the new partnership with the Rotary Stay in School Program. The D of E is an achievement program for all young people ages 14-25 with 3 levels of achievement – bronze, silver and gold, in 4 areas: sport, hobby, outdoors programs and community service. Scott Berry as a D of E graduate credits the program of significantly shaping who he is today. He will be chairing the D of E/Stay in School program.

Madeline King reminded the club that medical beds and equipment were still needed for the Guatemala hospital and thanked those who had already been so generous. Scott Tizzard announced that our next inbound exchange student is a young fellow from Sweden, Bjorn. Host families that are pet free are needed.

New member Brent Shervey did a fine job of introducing the visitors and guests. And our own talent, Tim Heaton and his strings led us down memory lane of the show “Hanks for the Memories”, and the singing of ‘Billy wont you come home.

Ms Inquisitive, Sheila Acharya Van Horne, acknowledging she had selected topics in the past with a distinctly female flavor (the hand bag, Barbie doll), stepped out of her comfort zone and chose a decidedly male topic today, inconsideration of the topic of our guest speaker – the prostate. Her topic – ‘manliness’. Is there an art to manliness? (Only George Brookman knows for sure). Are the manly qualities we know so well (such as hogging the remote from the time they are in the womb) caused by nature or nurture? A recent study suggests that testosterone plays a role in determining the toy preference of the genders, plush toys for girls and toys with wheels for boys. Thanks, Sheila for always informing in such an articulate and humorous way!

Rick Erven covered Rotarians in the news, noting citings by Larry Ryder, Brent Shervey and Kent Herr.

Stay in school mentors are needed. Please consider if you can serve in this way.

It was noted that at next weeks evening meeting at Heritage Park, the bar would open at 5:15 p.m.

And finally President Larrys thought for the week: Fact: Men who drink 4 glasses of wine weekly reduce their risk of prostate cancer by 25%. President Larrys math: 16 glasses of wine per week should virtually eliminate prostate cancer altogether!
UPCOMING SPEAKERS

Apr. 20 - Heritage Park’s Gasoline Alley Special Dinner Event - Alida Visbach, President and CEO Heritage Park “Preserving our Western Legacy”
A DINNER MEETING HELD AT GASOLINE ALLEY 5:30PM
Tickets $30. pp
Partners welcome

Apr. 27 - World Community Service Special Event hosted by Walter Haessel with writer Melanie Jones from CAWST

May 4 - Simon Vincent, Chairman, Calgary Chamber of Commerce

May 11 - Scott Thon, Pres. and CEO Altalink Management Ltd
“Our Electricity Future”

May 18 - Dave Griffiths, Director of Waste Recycling, City of Calgary
``From Waste Management to Resource Management``

May 25 - Next Generation Special Meeting - Ron Mannix (Chairman, Coril Holdings Ltd.)
“Five, Four, Three, Two, One, Bingo - Having an Impact - One Man’s Opinion”

June 1 - Charlie Fischer, Retired President and CEO Nexen Inc.

June 8 - Dr. Clement Lanthier, President and CEO Calgary Zoo

June 15 - Dr. Leonard Waverman, (Dean Haskayne School of Business, UofC)
``The Recession, the Recovery and the Price of Oil``

June 22 - Johann Zietsman, (President and CEO Epcor Centre for the Performing Arts)

ROTARY CLUB OF CALGARY OLYMPIC INVITES YOU TO OUR 2010 BRIDGE “SPRING FLING” Saturday, April 24, 2010
Time: 9 am - 3 pm
Cost: $50/person
(Cold lunch included)
Location: 2202 Hawksbrow Point NW
Contact Grant 403 680-2921 or Geordie 403 589-4175

Frank n’Stein
On Thursday April 22nd join Frank Sparks and fellow club members for some fellowship (and beverages) at the Wild Rose Brewery - 4.30 - 6.30 p.m. Located at Building AF23 (former hangar, old Currie Barracks site), #2, 4580 Quesnay Wood Drive SW.

The Annual Rotary Show & Ball Saturday, April 24 Fairmont Palliser Hotel
Tickets $125. pp
For tickets contact Thalia Kingsford

2010 District Conference - Banff -
May 28-30, 2010 to be held at The Banff Park Lodge.
Online registration is now available at www.rotary5360.com

Curlers
We’re looking for someone to co-ordinate curling for our club in the Rotary League next fall. Great wages and fine fellowship!

Please send detailed resume to: John Lindenbach Fellowship Director
403.256.5001
johnlindenbach@shaw.ca

Lobsterfest
Sunday May 23, 2010 4.00 - 7.00 p.m
Southern Alberta Pioneers Association
4th Street & 36th Ave SW
Tickets $30.00 per person - Limited to 100 attendees. Volunteer help is also required.

Contact Ken Moraes
403-271-4556 moraeskr@shaw.ca

Just a reminder... don’t forget to include exchange student Bente Meyer in a family outing when the opportunity presents itself...

Bente’s cel is 403 890 9678

THE ROTARY CLUB OF CALGARY NEW MEMBERSHIP PROCESS WHITE SLIP REQUEST

NAME: Melanie Gaston
PROFESSION: Legal
CLASSIFICATION: Corporate & Commercial
COMPANY: Blake, Cassels & Graydon LLP
PROPOSED BY: Steve Alland & Bob Taylor
The Rotary Club of Calgary is an organization of professional and community leaders who come together through commitment and fellowship to create opportunities and a better future for generations to follow.

Worried about your financial affairs?

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- Brings in experts and specialists for each aspect of your financial situation
- Makes recommendations for opportunities or improvements
- Provides simplicity and structure to your financial affairs
- Keeps you informed

Call me at 403-231-8615 or email: rick@ervenplanning.com

The RotaryCanada magazine produced through “the rotarian” appears to focus much of their content on polio. Below is an article from the April 2010 edition written by Chris Offer, Chair Rotary Canada advisory board...

My first experience with polio was as a child in Richmond B.C. I recall a neighbor screaming at my brother and me to get off the street while we played. I remember the grocery store leaving a box of food at the end of our driveway, and I remember a piece of paper being stuck to our front door. The paper was a quarantine notice because my sister had polio. With good reason people were frightened of my family. My sister was lucky: She was never in an iron lung and had only minor problems with one leg.

The University of Toronto’s Connaught Medical Research Laboratories played a critical role in working with Jonas Salk on the first polio vaccine. Canadians are fortunate: We were one of the first countries to have access to vaccine. With the Salk vaccine and the oral vaccine developed by Albert Sabin, Canada and the United States were two of the first polio free countries.

Canadian Rotarians have made generous donations of dollars and volunteer time to eradicate polio. We have found inventive ways to raise funds, from selling cookbooks to holding snowman building contests and ice-fishing tournaments, to continue to support the polio eradication effort.

The Government of Canada has also consistently aided Rotary with grants and supported polio eradication through the Canadian International Development Agency. We can be proud of the support of our government to rid the world of this insidious disease.

Today Canadian Rotarians are again asked to contribute to the polio eradication campaign and Rotary’s US $200 Million Challenge. The goal is to raise these funds from the community and not just Rotarians. I know the 700-plus Canadian Clubs will meet the challenge. The end of our journey is close. It has taken longer than we had thought, but we will keep our promise to the children of the world.

*Chris Offer is from the Vancouver Chinatown Club.*