



# The Rotary Sun

03 March 2010  
Volume 3  
Issue 31

The weekly newsletter of  
The Rotary Club of Grand Cayman Sunrise

Edited by:  
Tara Handal

"Quality is never an accident—rather, it is always the result of high intention, intelligent direction and skillful execution."

Rotary Club of Grand Cayman Sunrise Chartered April 18th, 2002  
Meeting Place: Grand Old House  
Wednesdays at 6:45am for 7am

## 2009-2010 BOARD OF DIRECTORS

**President:**  
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**President-Elect:**  
Michael S. Levitt  
**Vice-President:**  
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Bruce John

## Rosie Jamieson our next Assistant District Governor of Rotary District 7020



Rosie Jamieson from Rotary Sunrise of Grand Cayman has been elected Assistant District Governor of Rotary District 7020. She takes up her duties on 1st July 2010 and will serve for 2 years. District 7020 covers 10 countries and 76 individual clubs with an estimated total membership of over 2500 members. The District is part of Rotary International which is the world's first service club organization. It has more than 1.2 million members in 33,000 clubs worldwide. Rotary club members are volunteers who work locally, regionally, and internationally to combat hunger, improve health and sanitation, provide education and job training, promote peace, and eradicate polio.

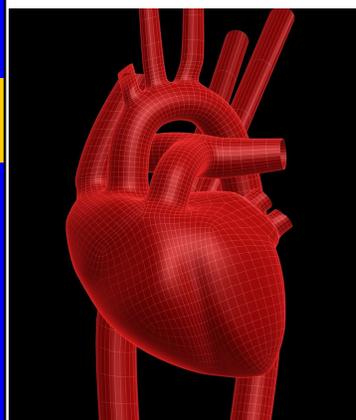
Congratulations Rosie we are so proud of you!

## DUTY ROSTER 3 March 2010

Greeter—Garth Arch  
Grace—Christian Cartegena  
Four way test—Bruce John  
Raffle—David Reid

## LADIES DON'T FORGET TO GET YOUR TICKETS

**Cayman Heart Fund presents**  
Red Dress Learn & Live Luncheon  
Featuring International Guest Speaker Dr. Alvin Pettle, MD,  
F.R.C.S  
Topic "Hormone Havoc—A Woman's Worst Nightmare"  
Friday, March 5, 2010  
12pm– 2:30pm  
Westin Casuarina Resort & Spa  
Alexstewart@candw.ky



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BRITCAY

## A Biography on Barbara Anley

### 2009-2010 Leadership

RI President:

**John Kenny**

District 7020 Leadership

District Governor:

**Errol Alberga**

Past District Governor:

**Rupert Ross**

Asst. Governor - Cayman:

**Raymond Whittaker**

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### The Four-Way Test

Of the things we think, say or do:

Is it the truth?

Is it fair to all concerned?

Will it build goodwill and better friendships?

Will it be beneficial to all concerned?

\*

### The Rotary Grace

O God and giver of all good

We thank thee for our daily food

May Rotary friends and Rotary ways,

Help us to serve thee all our days.

\*

### PAST PRESIDENTS ROTARY SUNRISE

Charter President

**Alastair Paterson**

2002—2003

**J. Gordon Hewitt**

2003 - 2004

**Christopher Bowring**

2004 - 2005

**Stuart N. Diamond**

2005 - 2006

**Hendrik Jan van Genderen**

2006 - 2007

**J. Rosalie Jamieson**

2007 - 2008

**Woodrow Foster**

2008 - 2009



### Biography – Barbara Anley

I was born and raised in Montreal, Quebec, and grew up in an environment of diversity and multiculturalism. I attended Catholic schools until Junior High, when

our family moved out to the suburbs. Life changed significantly after that move due to the nature of the times (late 60's) and the more open culture in a mixed school system. It was interesting to say the least. I graduated high school at the age of 16 and went directly into the working world.

I realized early that I wanted more of a challenge than a regular 9 to 5 office job, so I joined the Canadian Forces and spent the next twenty-two plus years travelling across Canada, Europe and the Middle East. I've worked with the Air Force, Navy and Army, with the Air Force easily being my preferred choice. Camping in sub-sub zero temperatures just never suited me, nor did the 55 pound rucksack on a twenty mile hike. I've worked with the UN on a couple of lengthy occasions and thoroughly enjoyed the different nationalities and ways of doing business while working towards the same goal. I believe that people can learn a lot by breaking out of their comfort zone, taking on new challenges, seeing more of the world. It changes us and opens our minds to see people in a less judgmental light.

Hurricane Ivan hit Cayman shortly after my daughter left for University in the US. I had

worked in construction for several years after retiring from the CAF and had always enjoyed the variety of work and non-stop challenges that popped up almost daily. I accepted a position with Phoenix Construction and there has been no looking back. There was a motto when I joined the military many years ago; it was 'be all that you can be'. I believe that particular saying has stuck with me over the years, as well as the core values that have held true since my first foray into the working world. I believe we all have an enormous amount of ourselves that we can contribute to society over the course of our lifetime, but it is up to us to make the choice to do so. I feel my life has been rewarded through the friends I've met, the people I've worked with and the sense of accomplishment I feel when things go well. There is still much to be done and I believe in doing my part. We are very fortunate to have been born and raised and managed our lives to the degree we have today. We do not always show gratitude in our everyday lives, and I believe that if we focus for just a few minutes each day being thankful for all that we have, it might lead us to a more humble and appreciative life and prompt us to open our eyes to the world around us, and clearly see that we each have much more to give and so many more people whose lives we can brighten in some small way.

### Our Newest Sunrise Rotarian



Garth Arch was inducted to Rotary Sunrise on Wednesday 3rd February 2010. He was sponsored by David Watler. Garth was born in George Town, Grand Cayman on 20th April 1976. Was educated in Cayman and at the University of Miami and at UC Berkeley, California, He has a B.Sc. in Civil Engineering and a M.Sc. in Engineering and is a Chartered Civil Engineer. He is the General Manager of National Concrete and the Chairman of the Cayman Trade and Business Licensing Board. During a sabbatical he spent a year in Spain studying the culture and the language of that country. He has been appointed Honorary Consul of Spain in Cayman by the Spanish Government.

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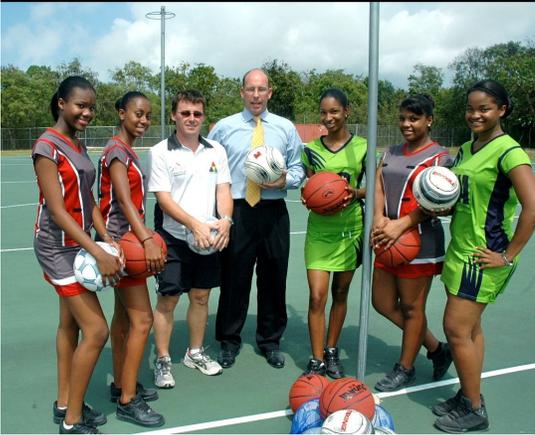
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www.caymanislandssyp.com



CAYMAN  
yp2go.ky

## Practice Makes Perfect when it comes to Community Donations



With Sports equipment wearing out at John Gray High School, members of the community stepped up to lend a helping hand. Genesis Trust and Rotary Sunrise agreed to assist Brendan Touhey and Jon Rew of Scimitar Sports replenish ball supplies for the school. Through Scimitar Sports connections in China, Genesis Trust and Rotary Sunrise were able to purchase an array of new tournament and practice sports balls. Together they will be importing 10 match and 30 practise footballs,

as well as 30 basketballs. The retail value is estimated at \$2,000. Both Touhey and J. Paul Drake (of Genesis Trust and Corporate Services Ltd and Rotary Sunrise) made the donations last week to John Gray girls Adrianna McKay, Leanna Benjamin, Kendra Ebanks, Nassaria Thompson and Ruth-Beth Jackson at the Truman Bodden basketball court.

Interestingly, the girls are avid netball players. McKay, Benjamin and Thompson all play for the John Gray Cruisers youth team while Ebanks and Jackson are on the John Gray Texaco Ballers side. Girls at John Gray High School immediately put the balls to work in the school's Girls inter-house basketball competition, which was held Tuesday afternoon at Truman Bodden.

The competition was won by Dolphin house, which beat Wahoo in the final. Marlin and Tarpon house came in third and fourth respectively.

### Rotary Sunrise Calendar of Events

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#### Coming up...

- March 7, Family Fun day
- March 13, Casino Night
- April, Heart Fund Health Fair
- May 9, President Winston 's Brunch, Strawberry Hill, Jamaica
- May 22, Wine Society
- June Fellowship in Montreal at the international Convention

**Do you have a committee meeting or event scheduled you wish to place on the calendar? Email the information to Rotarian Tara or Colleen for inclusion.**

#### Sunrise Birthdays & Anniversaries

##### March Birthdays

- Simon Watson March 2nd
- Berna Cummings March 4
- Maree Martin March 11
- David Gordon March 11
- Bruce John March 14
- Martha Connolly March 16
- James Chiweshe March 18
- Garth Bryce March 18
- Richard Purdom March 26
- David Watler March 27

##### March Anniversaries

- Hendrik Genderen March 5
- Mark Fagan March 4
- Simon Amsbury March 8
- Barbara Oosterwyk March 8
- Gillian Bedasse March 15
- Steven Sokohl March 18
- Claude Myles March 20
- Patricia Steward March 24
- Gareth Pulman March 27
- Marilyn Conolly March 27
- Laetitia Bush March 29

##### March Club Anniversaries

- Shannon Sylvestre March 4

##### Reminder to Red Badgers

Red Badgers are reminded to submit their bio / job talk to Rot. Tara for publication in the Sun. Please include interesting facts like hobbies, most embarrassing moment etc!

## A visit to Japan



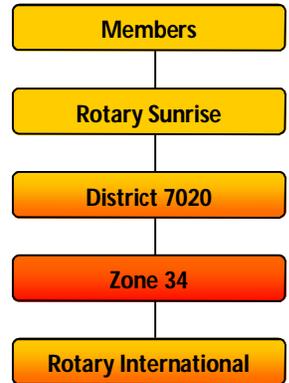
The Adams travel through Japan collecting banners and teaching the Japanese how to pronounce Rotary with an "R". Pictured is Jonathan & Sian Adam with a few members of the Kutchan Rotary Club



# Volunteers for the Health Fair are needed this Saturday March 6th



Many thanks to those who have already signed up, but we are short on volunteers (I think we need around 4-6 people for each slot) so I am appealing to you all (especially Red Badgers or anyone who needs a few more rotary stars!) to come out next Saturday to help out. We will be setting up a Wii Fit for the kids to play (and give to the lucky raffle winner), other games and activities, and handing out healthy snacks to the kids. It is also an opportunity to sell your Car Raffle tickets, so it's win win!



## Wednesday Funny

### How to be Gracious

Jennifer's wedding day was fast approaching. Nothing could dampen her excitement - not even her parent's nasty divorce.

Her mother had found the PERFECT dress to wear, and would be the best-dressed mother-of-the-bride ever!

A week later, Jennifer was horrified to learn that her father's new, young wife had bought the exact same dress as her mother!

Jennifer asked her father's new young wife to exchange it, but she refused. "Absolutely not! I look like a million bucks in this dress, and I'm wearing it," she replied.

Jennifer told her mother who graciously said, "Never mind sweetheart. I'll get another dress. After all, it's your special day."

A few days later, they went shopping, and did find another gorgeous dress for her mother.

When they stopped for lunch, Jennifer asked her mother, "Aren't you going to return the other dress? You really don't have another occasion where you could wear it..."

Her mother just smiled and replied, "Of course I do, dear.....I'm wearing it to the rehearsal dinner the night before the wedding."

### Resources for new members

Check out [Welcome to Rotary](#), a short new video segment, viewable now on the RI Web site. Less than four minutes long, and offering a broad overview of Rotary and the four Avenues of Service, this video provides an excellent introduction to Rotary club membership for new or prospective members.

Find the video by going to [www.rotary.org](http://www.rotary.org) and clicking on Members, New Members, Getting Involved. Use this video during the opening seg-

### Reminder to Red Badgers

Red Badgers are reminded to submit their bio / job talk to Rot. Tara or Colleen for publication in the Sun. Please include interesting facts like hobbies, most embarrassing moment etc!

[Rotary Cayman Islands Make-Up Opportunities](#)

[Rotary Central](#) meets on Tuesdays at 7:00 pm for 7:30pm at Dolce –Vita Westshore Centre

[Rotary Grand Cayman](#) meets on Thursdays at 12:15 pm at The Westin Casuarina.

[Rotaract Grand Cayman](#) meets on Thursdays at 6:45 am for 7 am at Icoa

[Rotaract Blue](#) meets on Wednesday at 6 pm at Fusion Restaurant

**Conference Countdown**  
7020 District Conference  
**96 days**  
Rotary International  
Convention  
**144 days**

## March is Rotary Literacy Month

Please help Director Marilyn with her book drive by dropping book donations at Fosters Food Fair.