

The Rotary Sun

...the official newsletter of
the Rotary Club of Grand Cayman Sunrise...



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Editor J.D. Mosley-Matchett

If you have any comments or questions, please contact the editor.

Club Events

Pajama Golf

North Sound Club
Mar 19, 2011 at 7:00 PM - Mar 19, 2011 at 11:00 PM

Weekly Programs

Mar 16, 2011
Rotaract President Adrean
Rotaract

Mar 23, 2011
Rotary Awareness
Learn something new about Rotary.

Mar 30, 2011
TBD Guest Speaker

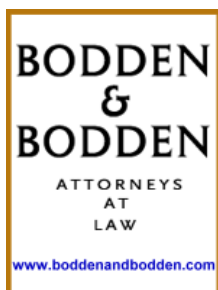
Apr 06, 2011
Activity Update
Find out from the Directors what's happening in the Club.

Apr 13, 2011
Tara Hopwood
Lifewater

Apr 20, 2011
Rotary Awareness
Learn something new about Rotary.

May 04, 2011
Activity Update
Find out from the Directors what's happening in the Club.

[View entire list...](#)



Rotary Sunrise and RI Reach Out to Japan



Sunrise Rotarian Jonathan who had visited the Kutchan Rotary Club in Japan last year has been in touch with that club's President Satoshi Yoshida who assured him that their club's area had sustained no damage in the recent earthquake and tsunami, but that many Rotarians in the northeastern area of Honshu island must have died.

Rotary International has issued the following notice:

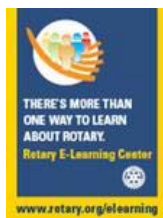
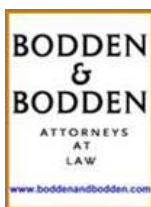
TRF Chairman Stenhammar, on behalf of the TRF Trustees, decided on 11 March 2011 to:

- immediately establish a *Rotary Japan and Pacific Islands 2011 Disaster Recovery Fund* through TRF to be used in lieu of the regular World Fund match for Matching Grants and Global Grants for disaster recovery projects related to the earthquake and tsunami impacting districts in Japan and other Pacific island nations; this also applies to donations from corporations and non-Rotarians.
- permit the fund to accept both cash contributions and DDF donations.
- clarify that TRF will not provide Paul Harris Fellow recognition for donations to the fund.
- confirm that all Matching Grants and Global Grants related to disaster recovery in Japan and other Pacific island nations must adhere to the policies and guidelines stipulated in the *TRF Code of Policies* and grant terms and conditions; this includes the restrictions on construction.
- request the general secretary to provide a recommendation for consideration at the April 2011 Trustees meeting in regards to how the disaster recovery funds will be utilized among the affected districts, e.g. even percentage split, weighted percentage split, first come/first served, etc.
- extend the 2011-12 Matching Grants application deadline to 30 April 2011 for grants related to these disaster recovery projects.
- waive the minimum percentage of funding requirement of the international (overseas) sponsors for Matching Grants related to these disaster recovery projects, thereby permitting districts in the affected areas to contribute more than 50% of the total DDF and/or cash designated for the grant project.



**This Saturday
BE THERE!**

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Transitioning from a Rotaractor to a Rotarian

--A special-request article submitted by Rotarian Martha--

(Previously presented in person to the Rotary Club of Grand Cayman Central and reprinted with permission.)

My experience of the transition between Rotaract and Rotary Sunrise was easy and comfortable and I believe this was largely due to two main factors:

- 1) The previous relationship between myself and my Rotary Club;
- 2) My willingness and readiness to become a Rotarian

While in Rotaract, we often saw Rotarians at our meetings and as our club grew, so did the relationship between Rotarians and Rotaractors and in time, we organized joint projects and Rotaractors even started to attend some Rotary meetings. And during our meetings we saw those regular Rotarians that made us feel good and proud when they told us they enjoyed coming to our meetings. We gained confidence as a group when we continued seeing the presence of our Rotary family.

As my time drew to a close with Rotaract, I started to attend more Rotary Sunrise meetings and I was welcomed with open arms and was happy to learn that my application would be treated as a transfer and not as a new member. But because I already knew some of the Rotary members, I felt comfortable at meetings and with my willingness and readiness to become a Rotarian, I quickly joined various committees, participated in projects and attended the many fellowships that were organized. I also made it a point to try and sit at a different table every week, allowing myself to get to know the other members and for them to get to know me as well.

In about 3 months I had completed my blue badge requirements and was inducted as a Rotarian by DG Errol Alberga which was a surprise and an honor and I can truly say it was a meeting I will never forget.

As I go into my second year at Rotary Sunrise, I fondly remember my times as a Rotaractor and as an active board member for 2 years. I feel those times have helped mould me into the Rotarian I have become today.



March 16th Guest Speaker:

Dr. Mitchell Sheinkop

Dr. Sheinkop is a board certified orthopedic surgeon and a Fellow of the American College of Surgeons. He is the former Director of the Joint Replacement Programme at Rush University Medical Centre in Chicago and a leading authority on the treatment of patients with complex hip and knee disorders, and is well known for his pioneering use of computer-assisted navigation, minimally-invasive technologies and hip resurfacing techniques.

Dr. Sheinkop is also a strong proponent of alternative medicine and non-surgical approaches. He has traveled extensively and conducted one of the first joint replacements in Lebanon. His talk will touch on preventative approaches to reduce the risk of developing degenerative joint disease, such as arthritis, as well highlighting non-surgical treatment options to reduce the symptoms of chronic joint pain.



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Rotarian Victor Earns His Blue Badge...Then Leaves Us!

It took months, and months and MONTHS! But finally, Victor Corcoran completed all of the requirements to earn his blue badge. Unfortunately for the Sunrise club, Rotarian Victor has also accepted a promotion that will transfer him to Trinidad and so he will be leaving us soon.

Please give Rotarian Victor a warm Sunrise farewell to let him know how much he will be missed!



AG Rosie Surprises President Mike with a "Heart of Rotary"

It's hard to surprise President Michael, but AG Rosie managed to do so by awarding him with a "Heart of Rotary" at the March 8th meeting that she presided over in honor of International Women's Day.

Startled by the presentation, President Michael admitted that he thought at first that the award was meant for visiting Rotarian and past Sunriser Claudette Saint-Reid who was present for our special women-led meeting.



Drug Court Donation Helps All Residents of Cayman

Every person saved from the clutches of drug addiction makes Cayman a safer and more pleasant place for all of us. So the Sunrise club's presentation of \$2500 to PP Cathy of the Grand Cayman club for the Drug Court program is really an investment in a better future for us all. The funds will be used to encourage recovering addicts to stay sober and drug-free.



Guests and Visitors from 8 March 2011...

Mar 16, 2011

Guests of Rotarians on 8 March 2011 (as signed in):

Rosa Ramsay, guest of Honorary Rotarian Margaret Ramsay-Hale
 Eziethamae Bodden, guest of Rotaractor Marzeta Bodden
 Wendy Wiltshire, guest of President Michael
 Daniel Lee, guest of Rotarian Krishna Mani
 Alistair MacDonald, guest of PP Chris

Visiting Rotarians on 8 March 2011 (as signed in):

Claudette Saint-Reid, Rotary Club of of New Kingston, Jamaica
 Lauren Langlois, Rotaract Club of of Grand Cayman
 Tian Peralto, Rotaract Club of of Grand Cayman
 Leslie Wilson, Rotaract Club of of Grand Cayman
 Desiree Charles, Rotary Club of of Grand Cayman Central
 President Adrean Russell, Rotaract Club of of Grand Cayman
 IPP Catherine Guilbard, Rotary Club of of Grand Cayman
 Danielle Japal, Rotaract Club of of Grand Cayman



Duty Roster for 16 March 2011

Mar 16, 2011

Greeter – Rotarian Kevin Butler

Grace – Rotarian Finley Josephs

4-Way Test – Rotarian Andy Scott

Raffle – Rotarian Ian Comins

Rotary Minute – Rotarian Ian Comins

Sergeant – Rotarian Jonathan Adam

Sergeant's Assistant – Rotarian Finley Josephs



Sunrise Birthdays & Anniversaries for March

Mar 01, 2011

March Birthdays

Simon Watson, 2-Mar
 Berna Cummins, 4-Mar
 David Gordon, 11-Mar

Maree Martin, 11-Mar
 Bruce John, 14-Mar
 Martha Connolly, 16-Mar
 Garth Bryce, 18-Mar
 James Chiweshe, 18-Mar
 Richard Purdom, 26-Mar
 David Watler, 27-Mar

Sunrise Club Membership Anniversaries

Shannon Sylvestre, 2 years on 4-Mar
 Ummi Kapoor, 1 year on 17-Mar
 Krishna Mani, 1 year on 31-Mar
 Marie Beatrice Taylor, 1 year on 31-Mar