

The Rotary Sun

...the official newsletter of
the Rotary Club of Grand Cayman Sunrise...



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30 March, 2011
Vol. 4 No. 38

Editor J.D. Mosley-Matchett
If you have any comments or questions, please contact the editor.

Club Events

Charter Night Celebration!
Casanova's Restaurant
Apr 20, 2011 at 5:30 PM

Weekly Programs

Mar 30, 2011
Dr. Mikhail Kosiborod
Preventative heart care

Apr 06, 2011
Activity Update
Find out from the Directors what's happening in the Club.

Apr 13, 2011
Lynn Williams
Workplace Ergonomics

Apr 20, 2011
NO MEETING!
Charter Night

Apr 27, 2011
TBA

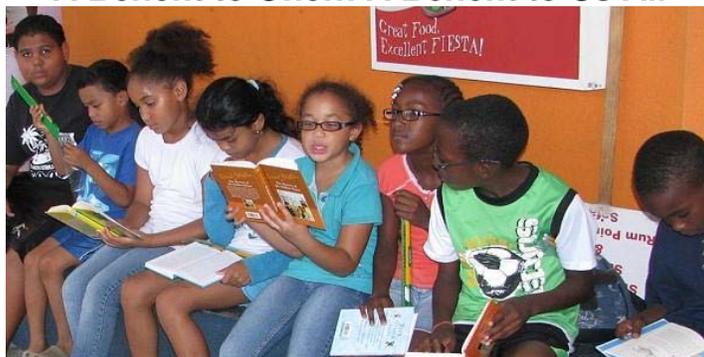
May 04, 2011
Activity Update
Find out from the Directors what's happening in the Club.

May 18, 2011
Rotary Awareness
Learn something new about Rotary.

May 25, 2011
Dr. Sook Yin
Cayman Heart Fund

[View entire list...](#)

Literacy... A Benefit to One... A Benefit to Us All



A Literacy Month article by Rotarian Finley Josephs

While the benefits of literacy programs to the individual are well documented, what most people don't appreciate are the benefits to society as a whole. Imagine a world in which basic understanding of the written word is the norm.

No longer is your greatest challenge, ensuring your audience understands your message. The greatest challenge becomes the answer to the question "What is the most effective method for reaching my intended audience?" which in today's world of the internet, is not nearly as daunting a task as having to address issues associated with ensuring that your message, once received, is understood.

Imagine if you will that same world but with consideration for programs whose remit are not only to improve a sector of our society but also require feedback from its beneficiaries to improve its effectiveness. In this world, illiteracy is not an issue; information is easily passed to and received from beneficiaries, this exchange results in improvements to programs for which the feedback is provided thus being better able to serve those in the program.

In a world where literacy is not an issue, we are all aware of the issues and have the tools to better address those that affect us the most.

Eliminating illiteracy not only greatly benefits the person receiving the assistance, it enables our society to better evolve.



**Earth Day
Clean-Up**
this Saturday,
April 2nd
at 7:00 a.m.

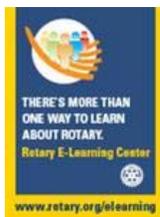
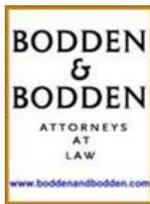
PE Andrea Gets the Ball Rolling for Rotary Year 2011-2012

After presenting her incoming board members, PE Andrea had members sharpen their pencils and get to work planning for the next Rotary year. The PE and her Board developed a survey to help determine what club members really wanted the club to accomplish next year. The questionnaire also helped members think about what could make them better Rotarians.



Anyone who missed the meeting should contact PE Andrea to obtain a copy of the survey: PE@RotarySunrise.ky

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Why We Volunteer

A Literacy Month article by Rotarian Raquel Solomon



Why we volunteer...

I volunteer because I feel it is our duty as Caymanians/locals/residents to promote literacy, for a healthier, more productive country. This programme gives young readers a chance to sit with an adult who cares about them, and the future of the country. It's great to know there are so many people who aren't just complaining, but doing something about the education of our children.

It was time for me to get involved. Thanks for contacting me! I always knew there was a problem, and it doesn't make sense to continue to complain about it, when I can do something.

I think reading needs to become a way of life and not just a class in a timetable, once a week. We need to have kids see the value of reading and this is going to take a lot of work, as first we need parents to be educated to the idea that knowledge is power. Unless parents re-enforce this idea at home, the once-per week sessions will improve familiarity with reading but will not accomplish the result of changing literacy levels and thus elevate the education level of our populous.

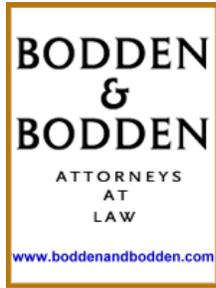
I volunteered to assist with this program because I recognized a desperate situation that needed my assistance. Too many children in the Cayman Islands are graduating from the government High Schools and can barely read (some if at all). I feel that I can make a difference by volunteering and doing my part and help some of these kids look forward to a promising future ahead (by learning to read), instead of a dimly lit one without opportunities.

I was amazed how little it required from me, most people would be sitting in traffic anyway during the volunteer. It's very easy and convenient for me but I understand that it has a major impact on the lives on the young ones, so that's the win-win for me.

I'm still new to the program but I honestly believe that it's effective. It's convenient, easy and effective which is a good formula. Programs should focus on small scale successes, not trying to 'do it all' but rather doing one or two things very well.

I chose to volunteer for the program because I love to read and if I can help a child who struggles with reading learn to love it to it will enrich his/ her life all around. Not only from the schoolwork prospective but general knowledge as well. I feel that when you read, you can travel just about anywhere you want through the stories and learn from them.

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I volunteer to assist with the reading program for two reasons. First, I know firsthand how it feels not to know how to read. My parents being immigrants only spoke to me in that language, because they themselves were just learning the English language, and when I started kindergarten, I didn't know how to speak or read! It took a long time before I became fluent, but it was a lot of hard work. I remember the frustration and the embarrassment I went through. If I can help any of these kids I would be thrilled to give them the confidence they need. Secondly I believe in giving back to the community. I do other volunteer work, but this is a wonderful way to give back to the community.

According to UNESCO, literacy is "...essential for eradicating poverty, reducing child mortality, curbing population growth, achieving gender equality and ensuring sustainable development, peace and democracy...and literate societies are better geared to meet pressing development."

The reading program at John Gray High School is a mixed bag of hope and hopelessness. Each volunteer does so with the hope that they will be able to make a difference in a child's life by helping them appreciate the value of literacy and enjoy reading. However, each week, adults are bombarded with the severity of the situation. We have students in this high school who will "graduate" reading at a 3rd grade level. We have students who need extra attention and resources and because of budgetary constraints, truancy, behavioral issues or a disinterest on the part of parents, they are not receiving it.

But we can hope because we have a group of volunteers who care. We have teachers who care. And we have some students who thrive from the focus and attention being shown to them on a Friday morning. It is reassuring that the program is making a difference when students enter the canteen (where reading is taking place) and excitedly seek their adult partner. Or when students show improvement over time. Or when students comment that they are starting to enjoy a story or reading. Or when students tell you about books they are reading on their own.

We have over 30 volunteers who faithfully turn out every Friday morning to read with students. Whatever the motivation, the end result is improved literacy for our youth. The public education system will never be perfect. It needs help. It doesn't matter who is to blame. Our children need us. This country needs us. The community which includes parents need to fight for our children's future and that fight is won word by word.

Community of Scranton Issues an Appreciation Plaque to our Rotary Sunrise Club

On March 19th, President Michael accepted a plaque on behalf of the Rotary Club of Grand Caymn Sunrise from the Central Scranton Community Committee in recognition of and appreciation for our support of their efforts in that community.

As explained by President Michael, Scranton a community behind Deloitte in town, just off Sheddon Road, where we do annual christmas parties.

Rotarian Claude was also recognized at the Appreciation Dinner and at last week's meeting for being a driving force behind the work that the Sunrise club does in that community.





REDI Pays Up

AG Rosie displays the check that reimburses in full all \$3000 of the seed money that the Sunrise club loaned to the REDI V conference organizers. The conference, which was held in the Cayman Islands from February 11th through 13th, was a united effort by all four Rotary Clubs plus invaluable person-power contributions by numerous members of both Rotaract Clubs.

Hearts Galore Dispensed Last Week!



Rotary Sunrise has heart...LOTS of heart! And if anyone was in doubt of that fact, last week's award of five "Heart of Rotary" recognitions should certainly make it crystal clear.

First, Director Shannon and Rotarin Steve received their Hearts of Rotary for their amazing fundraising efforts. Then Treasurer James and Rotarians Howard and Deborah Chambers were recognized with their own Heart of Rotary pins for their work with Junior Achievement. (Rotarian Alan who headed the JA effort this year had previously received a Heart of Rotary, as had Rotarians Dawn and Deborah Strassburg.)

Thanks to all for being wonderful examples of "Service Above Self"...



Director Bruce Bids Sunrise Farewell

Our Sunrise Family is about to lose another one of its hardest working members--but it's nothing personal, only business. Director Bruce has been awarded a promotion at work and will be leaving soon for a new post in Hong Kong.

We wish you all the best, Bruce. But we will miss you terribly. Please do keep in touch!



Blue Badges for Rotarians Joanne and Anthony

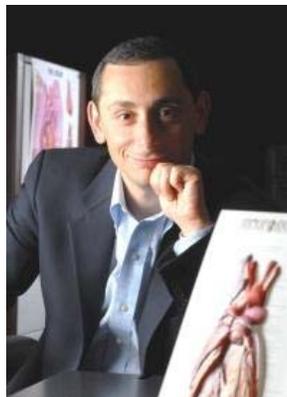


President Michael proudly presented Rotarians Joanne and Anthony with their blue badges at the meeting on Wednesday, March 23rd. This reduces the number of Red Badge Rotarians in the Sunrise club to 16.

Any "Red Badgers" who are not certain what they must do to complete their requirements for a blue badge should log into the club's website and click on the "My Commitments" link.

March 30th Guest Speaker:

Dr. Mikhail Kosiborod



Dr. Mikhail Kosiborod, M.D., F.A.C.C., F.A.H.A., received his degree from Mount Sinai School of Medicine in New York, NY. He trained in internal medicine at Yale-New Haven Hospital in New Haven, CT and completed his fellowship in general cardiology, echocardiography and clinical research at Yale University School of Medicine. He is board certified in internal medicine, cardiovascular disease, and adult echocardiography. In addition to clinical practice, he is actively involved in clinical cardiovascular research with emphasis on diabetes and how its management impacts cardiovascular events. He is actively involved in multiple committees of the American Heart Association and American College of Cardiology, and has authored numerous scientific publications. Dr. Kosiborod currently resides in Kansas City, Missouri, practices cardiology at Saint Luke's Mid America Heart and Vascular Institute, Saint Luke's Health System, and is an Associate Professor of Medicine at the University of Missouri, Kansas City. He leads a team of visiting cardiologists for The Heart Health Centre in Grand Cayman, Cayman Islands.



Guests and Visitors from 23 March 2011...

Mar 30, 2011

Guests of Rotarians on 23 March 2011 (as signed in):

Daniel Lee, guest of Rotarian Krishna Mani
 Stacy Parke, guest of President Mike
 Wendy Koll, guest of Rotarian Pauline McGettigan
 Chris Lumsden, guest of Rotarian Jonathan Adam

Visiting Rotarians on 23 March 2011 (as signed in):

AG Geoff Broucher, Rotary Club of of Winnipeg West, Canada
 Lowell Peachey, Rotaract Club of of Hutchenson
 Benny Moore, Rotary Club of Grand Cayman



Duty Roster for 30 March 2011

Mar 30, 2011

Here's the list of members performing the respective duties for this week's meeting:

Greeter: Rotarian Ian Comins
Grace: Rotarian Chris Anco
Four Way Test: Rotarian Finley Josephs
Raffle: Rotarian Finley Josephs
Rotary Minute: Rotarian Perry Rombough
Sergeant's Assistant: Rotarian Finley Josephs
Sergeant: Rotarian Kevin Butler



Sunrise Birthdays & Anniversaries for March

Mar 01, 2011

March Birthdays

Simon Watson, 2-Mar
 Berna Cummins, 4-Mar
 David Gordon, 11-Mar
 Maree Martin, 11-Mar
 Bruce John, 14-Mar
 Martha Connolly, 16-Mar
 Garth Bryce, 18-Mar
 James Chiweshe, 18-Mar
 Richard Purdom, 26-Mar
 David Watler, 27-Mar

Sunrise Club Membership Anniversaries

Shannon Sylvestre, 2 years on 4-Mar
 Ummy Kapoor, 1 year on 17-Mar
 Krishna Mani, 1 year on 31-Mar
 Marie Beatrice Taylor, 1 year on 31-Mar