

The Rotary Sun

...the official newsletter of
the Rotary Club of Grand Cayman Sunrise...



Tue May 31, 2011

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1 June, 2011
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Editor J.D. Mosley-Matchett
If you have any comments or questions,
please contact the editor.

Club Events

"Darkness to Light" program
A.L. Thompson's Home Depot -- Upstairs
conference room
Jun 02, 2011 at 5:30 PM

**Dinner - Wine & Song - a South African
experience!**
Casa Cabana
Jun 11, 2011 at 6:30 PM - Jun 11, 2011 at
11:00 PM

Changeover Night
Westin Casuarina Resort & Spa
Jun 24, 2011 at 6:30 PM

Weekly Programs

Jun 01, 2011
[Maureen Cubbon](#)
Project Grow

Jun 08, 2011
[Activity Update](#)
Find out from the Directors what's happening
in the Club.

Jun 15, 2011
[Jeanna Parsons](#)
Nutrition

Jun 22, 2011
[Natalie Urquhart](#)
2011 YLCA Recipient

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Fellowship: Rotary Style



To learn the true meaning of fellowship, send more than 18,500 Rotarians from all over the globe to mingle in "The City that Care Forgot". The resulting miles of smiles, exchange of ideas, creation of new friendships, and joyous celebrations provide the basis for why June is Rotary Fellowship Month.

If you missed the 2011 Rotary International Convention, you missed some of the most amazing fellowship opportunities on earth! The opening "Mardi Gras" style parade almost ensured that the watching Rotarians would exchange delighted comments as the endless photo opportunities drifted past.

The fellowship opportunities continued to unfold at the "Evening of Fun, Food, Fellowship, and Fins" at the Aquarium of the Americas. Perhaps it seems impossible to have a fellowship event for more than 8000 people, but the combination it seems that anytime Rotarians sit together and share good food, the conversations and friendships naturally develop.

Zone-level friendships were enhanced at the annual Southland Breakfast, where even a 7 a.m. start time didn't dim the warmth and enthusiasm of the attendees from Rotary Zones 33 and 34. To reinforce fellowship with Rotarians closer to home, the District 7020 soiree kindled a Caribbean spark in the heart of the French Quarter.

Even waiting in line for the doors to open for the plenary sessions and workshops provided time to chat, exchange ideas and business cards, and remember that being a Rotarian means knowing that friendship is only a smile away.



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But perhaps the RI Convention's fellowship experience was best summed up in a post uploaded by Rotarian Ken Small to the RI website: "I was a Rotarian for only 13 days when I came to the conference and did not know what to expect. What impressed me most was how friendly everyone was. It's great to be part of such a wonderful organization."



Today's Speaker: Maureen Cubbon

Over the last few decades food has become more and more industrialized, packaged and processed. Much of this processed food is unhealthy and causing problems to our overall well-being and the well-being of the planet. As a society we have lost our connection with food and its origin.

Project Grow aims to repair this connection using food through sustainable agriculture as a vehicle to educate children about healthy foods and nutrition. This can be achieved with the dedication of teachers and students through the development and ongoing maintenance of sustainable schoolyard gardens.

Project Grow will help children learn the principles of gardening. The hands-on experience helps familiarize children with the many relationships and cycles within nature providing a link to healthy eating and nutritional choices. The gardening experience itself brings other health benefits like exercise, time spent outdoors in the fresh air and a sense of well being. It also offers new and exciting ways to address nutrition. Generali Worldwide, HSBC Bank (Cayman) Limited and Vigoro Nursery are the sponsors for this program.

Below is a photo from the garden at Clifton Hunter High School which Project Grow helped with in 2009.



Changeover Guest of Honor: Dr. Anne L. Matthews

In May 2010, Anne Matthews (PDG District 7770, South Carolina, USA) was elected by the RI Board to serve as the second woman member of The Rotary Foundation Board of Trustees. Then in September 2010, PDG Anne was elected by the Zone 33 Nominations Committee to serve Rotary International as the third woman Director. Anne will represent Zone 33 and 34 Rotarians as Director, effective July 1, 2012.



Incoming RI Director Anne has received The Rotary Foundation's Citation for Meritorious Service, The Rotary Foundation's Distinguished Service Award, and Rotary International's highest honor, the Service Above Self award.

This amazing lady will be the guest of honor at the Rotary Sunrise Changeover Night on June 24th at the Westin. She will induct President Elect Andrea and her Board and then be our guest speaker at the end of the evening.

If you don't yet have your registration confirmed to attend the installation of our new Sunrise officers and the kick-off of the 2011-2012 Rotary year, head to the RotarySunrise.ky website IMMEDIATELY and reserve your Changeover Night seats before the event sells out!

Questions? Just ask Changeover Night committee chair Deborah Chambers...

Dinner - Wine & Song A South African experience!

The last Fellowship event of this Rotary year promises to be a roaring success! The best of the best South African wines presented by Maree, Jonathan, Tony "the cat" and Michael complimented by some superb food prepared by Team Sunrise for the crazy price of only \$25.00! This will be a night to remember with a unique "Out of Africa" Raffle prize chosen by Barbara O. To avoid being disappointed, book now, as this will be a sold out Sunrise event.





Director Frank presents a \$5000 check to Dr Sook Yin and Dr. Hislop for the Children's Health Task Force, a program to improve youth nutrition and health--which Rotary Sunrise helped launch.



Bio: Ian Comins

Ian was born in Scarborough in Yorkshire on the same day that snow was recorded in Miami for the first and only time. He had various occupations as a growing boy including dishwasher in a sea front café, fish fryer in a fish and chip shop and captain of large white swan shaped pleasure boat before he settled down to read law because his mum thought it was a respectable profession and there was no money in ferrying people around in the "Swan Princess". After law school he started to work for an offshore bank in the Isle of Man and then moved to the regulator there just as they were introducing the first anti-money laundering controls. He subsequently became a consultant and investigator on (anti-)money laundering, fraud and regulatory compliance and his work brought him to the Cayman Islands in 2001. In 2007 he finally made his mum happy by working for a law firm and is currently the head of compliance for that firm. He met his fiancé in Cayman and fell in love with her over a game of Monopoly and despite her extreme competitiveness and very unsporting gamesmanship (or probably because of it) they will be getting married in Mississauga in Canada in August. He has a passion for reading, loves his Kindle and likes to help others enjoy reading as much as he does. To run off the infamous Daniel Cummings martinis he endeavours to play football for a variety of teams in the local leagues and is increasingly seen at the gym as the wedding date approaches. He joined Rotary to get involved in their extensive community work.



Guests and Visitors from 18 May 2011...
May 25, 2011

Guests of Rotarians on 18 May 2011 (as signed in):

Daniel Lee, guest of Rotarian Krishna Mani
Stacy Parke, guest of President Mike Levitt
Wendy Koll, guest of Rotarian Pauline McGettigan
Sacha Propper, guest of Rotarian Greg Brooks

Visiting Rotarians on 18 May 2011 (as signed in):

PP John H. Matthews, Rotary Club of Reed City, Michigan, USA



Duty Roster for 1 June 2011
Jun 01, 2011

Greeter – Director Maree Martin
Grace – Rotarian David Watler
4-Way Test – Rotarian Garth Arch
Raffle – Rotarian Tara Bush
Rotary Minute – Rotarian Romesh Mirpuri
Sergeant – Rotarian Kevin Butler
Sergeant's Assistant – Rotarian Alistair MacDonald



Sunrise Birthdays & Anniversaries for June
Jun 01, 2011

Member Birthdays

Loiyd Sibanda, 11-Jun
Glen Trenouth, 20-Jun
Mark Macfee, 29-Jun
Paul Drake, 30-Jun

Sunrise Club Membership Anniversaries

Michelle Bouchard, 1 year on 2-Jun
Anthony Lawson, 1 year on 2-Jun
Joanne Ruty, 1 year on 2-Jun
Steven Sokohl, 2 years on 3-Jun
Pauline McGettigan, 3 years on 18-Jun
Rex Crighton, 4 years on 21-Jun