



Editor Gina McBryan
If you have any comments or questions,
please contact the editor.

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2013-14 Sunrise Board

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August is Membership & Partnership Month

Speaker's Corner - Dr. Sook Yin

Topic: Stop Cervical Cancer Campaign



The Cayman Islands Cancer Society is calling for the people of Cayman to sign an online Caribbean-wide petition pledging an end to cervical cancer.

The petition's central premise is that no woman should die of cervical cancer as more than 95 per cent of cases can be prevented. However, due to a lack of education, political will and the expense of screening and prevention in some countries, many cases are diagnosed too late.

The Healthy Caribbean Coalition, a civil society alliance set up to combat chronic diseases, recently launched the petition to help raise awareness about the disease in the Caribbean, where cervical cancer is the second leading cause of death among Caribbean women.

The Cayman Islands Cancer Society support the Healthy Caribbean Coalition and the initiative to persuade the Caribbean heads of government to increase the affordability and access of screening for cervical cancer to women of the Caribbean.

A number of screening and effective prevention and control measures are available to women, including Pap smear tests, HPV testing, vaccination against HPV and use of visual inspection with acetic acid.

The number of cervical cancer cases in Cayman is unknown as information is still being collected in the Cayman Islands Cancer Registry. Once the registry's database is more complete, a fuller picture of the prevalence of cervical and other types of cancers will be known.

The petition can be signed at www.endcervicalcancer.org

Rotary 2013-14

Rotary International President
Ron D. Burton

District Governor 7020
Jeremy Hurst

Past District Governor 7020
Vance Lewis

Assistant Governor Cayman
Joey Hew

District Secretary
Rosalie Twohey

Club Events

"Poolside with the Prez"

San Sebastian - Cabana by the Pool
Aug 08, 2013 05:00 PM - 07:00 PM

Board Meeting

Foster's Airport Boardroom
Aug 13, 2013 07:00 AM - 08:30 AM

Fundraising Committee Meeting

Offices of ManagementPlus
Aug 15, 2013 05:30 PM - 06:30 PM

Communications Committee Meeting

San Sebastian - Cabana by the Pool
Aug 18, 2013 01:00 PM - 01:30 PM

"Poolside with the Prez"

San Sebastian - Cabana by the Pool
Aug 18, 2013 01:00 PM - 03:00 PM

Youth Service Committee Meeting

Grand Old House Restaurant
Aug 21, 2013 08:00 AM - 08:30 AM

Literacy Committee Meeting and Sticker Party

Foster's Food Fair Distribution Centre
Near the Airport
Aug 22, 2013 05:30 PM

Cocktails & Cabaret

Prospect Playhouse
Aug 23, 2013 06:30 PM - 10:00 PM

Community Service Committee Meeting

Casanova's Restaurant
Aug 27, 2013 05:30 PM - 07:00 PM

Meeting Location Change

George Town Yacht Club
Aug 28, 2013 - Oct 02, 2013

Champagne Reception

99 Nelson Quay (4th house on the left)
Aug 29, 2013 06:00 PM - 08:00 PM

International Committee Meeting

Coffee Shop at Camana Bay
Sep 07, 2013 11:00 AM - 12:00 PM

International Literacy Day

Sep 08, 2013

"Poolside with the Prez"

San Sebastian - Cabana by the Pool
Sep 12, 2013 05:00 PM - 07:00 PM

Inter-Club Forum

Holiday Inn (previously the Grand

What's In A Classification

Submitted by VP Christine Mathews, MEMBERSHIP

Every person who joins a Rotary club is assigned a classification based on their profession or career. However there is no official list of classifications published by Rotary International - determining a classification list is left to individual clubs.

In thinking of a classification list for Sunrise I was reminded of the nursery rhyme which starts "tinker, tailor, soldier, sailor, rich man, poor man, beggar man, thief." We may be lacking in some of those areas but the rhyme goes on "doctor, lawyer, Indian Chief" and we definitely have doctors and lawyers.



A Google search of this rhyme reveals a 2013 version which also mentions a jailer, captain, banker, teacher along with other professions such as cook, gardener, preacher, boxer, fisherman, plowman and pirate. Again we have some of these but if we were using this as a classification list we would have several vacant classifications.

On a serious note we do have a varied group of lawyers, accountants, bankers, teachers and medics along with a business scientist, an electrical producer, a water resource engineer and a realtor or two! We will consider applications from anyone who has the potential to be a quality Rotarian.

That said if anyone knows of a person who would make a good Rotarian in "welcoming services", "polygraph services" or "cattle breeding" (all classifications at some clubs) please let us know!

Facts about Past Presidents

Submitted by VP Christine Mathews, MEMBERSHIP COMMITTEE

The next time you sit beside a past president and need a conversation starter...

PDG Alastair – His love of writing and music.

PP Gordon – His two dogs L'zabaya and O'sunbaya.

PP Chris – His passion for music.

PP Hendrik – His dislike of brussel sprouts and hobby of gardening.

PAG Rosie – Her fear of frogs and love of cats

PP Woody – His passion for literacy

PP Winston – He enjoys Greek mythology and watching the sunrise with his cup of coffee.

PP Andrea – Life on the Brac.

IPP Tony – His pulled pork recipe.

PP Eddie – (he was President of the Thursday club) His nickname Eddie the Man and his love of scotch.

PP Delroy a.k.a. Dr. Jeff – His voluntary work in Egypt.

PP Jennison (PP of Rotary Central) – His dislike of crowds and his enjoyment of gardening.



Caymanian)
Sep 14, 2013 11:00 AM - 12:30 PM

Inter-Club Fellowship Beach Bar-B-Q
Holiday Inn (previously the Grand
Caymanian)
Sep 14, 2013 12:30 PM - 04:30 PM

"Poolside with the Prez"
San Sebastian - Cabana by the Pool
Sep 15, 2013 01:00 PM - 03:00 PM

GTPS Earlyact Meeting
George Town Primary School
Sep 16, 2013 01:15 PM - 02:00 PM

Rotaract Invasion (Tentative)
George Town Yacht Club
Sep 18, 2013 06:45 AM - 08:00 AM

Casino Night Fundraiser (tentative)
Tbd
Sep 21, 2013

Darkness to Light Training (tentative)
Oct 06, 2013

International Committee Meeting
The Coffee Shop at Camana Bay
Nov 02, 2013 11:00 AM - 12:00 PM

International Committee Meeting
The Coffee Shop at Camana Bay
Dec 07, 2013 11:00 AM - 12:00 PM

District 7020 Conference
The Westin Casuarina
Apr 29, 2014 - May 04, 2014

Rotary International Convention
Sydney, Australia
Jun 01, 2014 - Jun 04, 2014

Upcoming Breakfast Speakers

Aug 07, 2013
Dr. Sook Yin - Medical Dir. of CI Cancer Society
Stop Cervical Cancer Campaign

Aug 14, 2013
Board of Directors Business Meeting

Aug 28, 2013
Mr. Mark Orr & Mr. Bradley Johnson (tentative)
Lionfish Infestation and CULL Initiatives - Department of Environment

Sep 18, 2013
Board of Directors Business Meeting

[View entire list...](#)

The Rotary Grace

O God and giver
of all good,

We thank thee for
our daily food.

May Rotary friends
and Rotary ways,

Help us to serve thee

What the Prez Sez...

Off-Island? Attend an eClub!

Submitted by President J.D.

Just because you're away on your annual summer holiday doesn't mean you have to take an attendance hit from Rotary.

Of course the best way to make-up an absence from your home club is to make an appearance at a Rotary meeting in the city you're visiting. I've done it lots of time and everyone at that club will probably be enchanted with the idea that you live on a tropical island. It's a great conversation starter. Remember to ask Secretary Deirdre for a Sunrise travel banner to exchange when you're away overseas.

However, not everyone travels in well-populated areas. If your holiday involves getting away from it all, there may not be any Rotary clubs for miles around.

In that case, just log into the Internet and attend one of many Rotary eClubs.

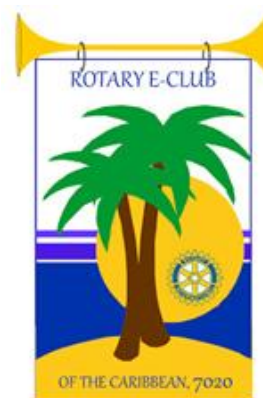
The oldest is Rotary eClub One (www.rotaryclubone.org), chartered on 4 January, 2002. Although they don't meet for meals, the 50-60 Rotarians who are members of eClub One commit to a minimum of 12 hours of personal service each year and 100% have contributed at least \$100 per year to The Rotary Foundation. The club has officers and is part of District 5450 in Colorado USA, but has members residing in the United States, Canada, Australia, Philippines, Germany, Italy, Japan, United Kingdom, Nigeria and other countries.

To earn a make-up, you can attend an eClub meeting online at any time or day. But you must log into the club and read articles or watch videos for at least 30 minutes before you'll be presented with an attendance certificate that will be forwarded to Secretary Deirdre.

Another alternative is District 7020's own Rotary eClub of the Caribbean (<http://rotaryclub7020.blogspot.com>). Again, this club has active members and online articles and videos. But it also offers a Saturday morning "Happy Hour Hangout" that is a live chat opportunity you can attend online for make-up credit.

Both eClubs raise funds through donations offered by the Rotarians who visit to do make-ups. So the "fair to all concerned" amount to donate would be the equivalent of the cost for attending a meeting at your home club, including meal, fines and raffle. But the amount you actually pay is entirely up to you.

So, as you travel far and wide on your holiday journeys, remember that your make-up for missing a Cayman Sunrise club meeting is only a click away!



all our days.

The 4-Way Test

Of the things we think, say, or do:

Is it the truth?

Is it fair to all concerned?

Will it build goodwill and better friendships?

Will it be beneficial to all concerned?

Guess Who?

These adorable children grew up to become Rotarians of Rotary Sunrise. Can you guess who they are? Answers will be revealed at Wednesday's meeting as well as published in next week's newsletter.



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Cocktails & Cabaret

Submitted in part by Director Nigel Twohey, FELLOWSHIP

The Cayman Drama Society at the Prospect Playhouse is presenting a musical theatre cabaret featuring songs from both old and new Broadway musicals on **Friday, August 23 from 6:30pm - 10:00pm**. The Mighty **Glen Inanga** will perform with **Melanie Ebanks, David Verhoeven, Rory Mann** and **Lani Bothwell** with an array of surprise guests like *IPP Tony C* singing 'O Sole Mio' from the hit Broadway show "The Cayman Sopranos"; *PP Andrea* and *PP Eddie B* will do a tap dance from 'Bring on the Stomp/Bring on Da Funk' accompanied by *Rotarian Ron Stoll* on bongos and *Rotarian Dr. Uli* on tuba.



It is a Charity Event and funds will go to the Zak Quappe Memorial Scholarship Fund. Tickets are CI\$15.

Members can register themselves and guests on the Events Calendar or contact nigel@rotarysunrise.ky

Upcoming Club Meetings

Submitted by Director Gina McBryan, COMMUNICATIONS

Learn what is happening within these upcoming Committees. Take an interest, share your thoughts, engage rotary...





Membership Committee meets on **Monday, August 5** at 99 Nelson Quay from 6:30-7:30pm. Contact Director Christine if you wish to attend - christine@rotarysunrise.ky

Board of Directors will be meeting on **Tuesday, August 13** at Foster's Airport Boardroom from 7:00-8:30am. Contact Secretary Deirdre if you

wish to come and observe - secretary@rotarysunrise.ky

Check out the Calendar of Events for a full list of all club events as well as more details.

3 Weeks Until the Meeting Location Change

Submitted by Director Chris Anco, CLUB SERVICE



Attention all club members, please note due to the seasonal closure of Grand Old House we will be conducting our weekly meetings at the George Town Yacht Club from **Wednesday, August 28 through to and including Wednesday, October 2**. Please make note of this change in your personal calendars.

The GTYC is located at 612 North Sound Road or if traveling by boat to the marina 19°18.1694N / 81°21.5260W.

ClubRunner Basic Training & Refresher

Submitted by Director Gina McBryan, COMMUNICATIONS

There was a great response for the Basic Training session this past Saturday, August 3. And although the date and time did not work for



everyone who was interested it was decided that we would hold another Ad Hoc training in August. The date and time is still to be determined. If there are any other members who missed the training session on Saturday and would like to attend the next one please contact gina@rotarysunrise.ky with preference to dates and times.

Thank you to those members who took time out of their day to attend the training session and learned some key elements of ClubRunner. Note for future attendees, these training sessions do count as one of the tasks off the Red Badge list, they count towards a Make-up and, yes, I will always have a freshly baked loaf of homemade banana bread and fruit to share.

A special thank you to Director **Finley Josephs** for arranging for the training room.

Thank You

Submitted by Director Gina McBryan, COMMUNICATIONS

A very special thank you is extended to both Rotarians **David Reid** and **Mark MacFee** who have agreed to print copies of the weekly newsletter for the remainder of this Rotary year.

And my apologies for last week's spelling error of Rotarian David's last name.



Duty Roster for August 7, 2013

Posted by Gina McBryan on Aug 07, 2013

Here's the list of members performing the respective duties for this week's meeting.

Greeter: Rotarian Bina Mani

Grace: Rotarian chosen at random

Four Way Test: Rotarian chosen at random

Raffle: Past President Chris Bowring

Sergeant's Assistant: TBD

Sergeant: Rotarian Jonathan Adam



Sunrise Birthdays & Anniversaries for August

Posted by Gina McBryan on Aug 01, 2013

Member Birthdays

Kent Green, 1st

Daniel Lee, 4th

Frank Balderamos, 5th

Christine Mathews, 9th

Alan Brady, 12th

Finley Josephs, 13th

Sybil McLaughlin, 24th

Barbara Oosterwyk, 26th

Sunrise Club Membership Anniversaries

Jonathan Adam, 7 years on 23-Aug

Alan Brady, 3 years on 25-Aug

Mellisa Hudell, 3 years on 25-Aug

Bina Mani, 3 years on 25-Aug

Have You Paid Your Club Dues?

There are still a few members with outstanding balances. If you have not paid **Treasurer John Lee** please bring cash or check (or cheque) on Wednesday to settle up.

Remember, to reach out to your Membership Committee (christine@rotarysunrise.ky) if you have concerns you would like to address.

Notices & Reminders

Make-ups: In addition to make-up opportunities at



Sunrise you can make up at another Club in Grand Cayman. The meeting time and place of the other Clubs are:

Rotaract Blue: Wednesdays at 6:00pm at Full of Beans

Rotaract Club of Grand Cayman: Thursdays at 7:00am at Bernie's Coffee & Tea, GT Waterfront

Rotary Club of Grand Cayman Central: Tuesdays at 7:30pm at Grand Old House

Rotary Club of Grand Cayman: Thursdays at 12:30pm at The Westin

Rotary E-Club of the Caribbean 7020: Online meetings any time. Visit www.rotaryclub7020.blogspot.com for more details. Make-up certificates will be provided promptly once you've completed the requirements.

Travelling: If you are going to be travelling for an extended period of time - more than two weeks be sure to let the Secretary know and remember to submit any make-ups you do in a timely manner.

Photos from "The 39 Steps"

