



# The Rotary Sun

The weekly newsletter of  
The Rotary Club of Grand Cayman Sunrise

1st July, 2009,  
Volume 3  
Issue 1  
Edited by Tara  
Handal and Col-  
leen Mellot

"Quality is never an accident—rather, it is always the result of high intention, intelligent direction and skillful execution."

Rotary Club of Grand Cayman Sunrise chartered April 18th, 2002  
Meeting Place: Grand Old House  
Wednesdays at 6:45am for 7am

## 2009-2010 guest BOARD OF DIRECTORS

President:  
Winston C. Connolly  
President-Elect:  
Michael S. Levitt  
Vice-President:  
Andrea Bryan  
Secretary:  
Christine Sanders  
Treasurer:  
Dawn Cummings  
Immediate Past President:  
Woodrow Foster  
Serjeant-at-Arms:  
Simon Amesbury  
Club Service Director:  
Kevin Butler  
Community Services Directors:  
David Watler &  
David Reid  
Marilyn Conolly  
Fundraising Directors:  
Tony Catalanotto &  
Perry Rombough  
International Service Director:  
Kim Remizowski  
Vocational Service Director:  
Marilyn Conolly  
Fellowship & Public Relations Director:  
Geoff Mathews  
Member ship Director :  
Bruce John

## DUTY ROSTER 1st July, 2009

Greeter: Ron Stoll  
Four-Way Test: Ciara Niell  
Rotary Grace: Glen Trenouth  
Raffle: Mark Fagan  
Speaker: YCLA Winner Elroy Bryan

## INSIDE THIS ISSUE

President Winston's Speech  
Pictures from Changover Night  
Tribute to Canada Day



Dear Fellow Rotarians,

The new Rotary International President John Kenny's theme for the year is "The future of Rotary is in your hands". One of his main objectives is to remind Rotarians of their personal responsibility to Rotary and its ideals. We will strive to do exactly this in the upcoming Rotary year.

I have three main goals for the year:

To ensure all members are involved.

To ensure the workload is shared by all.

To create fellowship and ownership of the Club amongst all members.

We will also aim to foster closer relationships with our sister Clubs which will include participating in joint projects and social activities. We also want to work with the other service clubs on the island to ensure that we use our collective efforts wisely and efficiently. We will also participate as a Club on various district projects and try to raise our annual giving to the permanent fund of Rotary International.

Mother Teresa once said "it is not how much we give but how much love we put into giving." I challenge every Rotarian to love what they do and to show it through their enthusiasm, their efforts and their participation in their Club's activities this upcoming Rotary year.

I also challenge all the officers and directors to make a difference this year and to leave Sunrise in better shape than when we formally start our year as the 2009-10 Board on 1 July 2009.

Cont Pg 2





We have an amazing amount of Rotary knowledge amongst our members and we need to start tapping into that knowledge. This year we are starting a Past President's Council which will meet throughout the year and give guidance and advice to the Club.

There are new and exciting things ahead for us. We have adopted the new Rotary International Board structure and this will streamline projects and make them more efficient. It should also make each director's role a little less strenuous. We will introduce a year calendar to allow members to plan their year better. We are also excited about a new point system we are putting in place for 2009-10. It has already been well received at district level. There are so many more things to look forward to and we will endeavour to make all of them a reality.

I would like to also take this opportunity to thank everyone who has helped make Rotary Sunrise the great Club it is and since its charter on April 18 2002. We now have to continue the great work done over the past 7 years - most recently under the calm guidance of immediate Past President, Woody Foster.

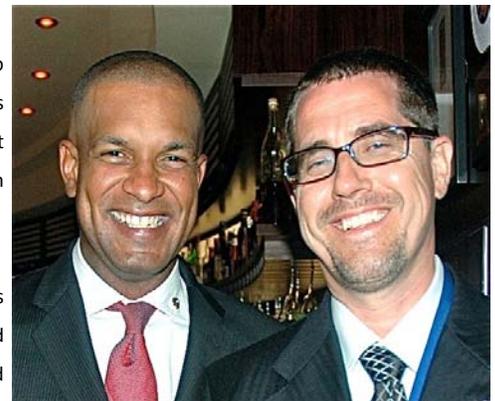
Rotary cannot and could not work without the dedicated efforts of its members. We will strive to keep members motivated throughout the year with a number of exciting projects and events.

It humbles me greatly to be your President for the next year and i hope with your support to have a busy but fun-filled year - with a major emphasis on fun!

I truly believe that if we help improve our Club, we will help improve our local community and our international community in turn. Please work with me this year to continue this Club's great traditions. We can do amazing things but those things must begin at home.

Yours in Rotary

Winston



**2007-2008 Leadership**  
**RI President:**  
**D.K. Lee**  
**District 7020 Leadership**  
**District Governor:**  
**Rupert Ross Jr.**  
**Past District Governor:**  
**Richard McCombe**  
**Asst. Governor - Cayman:**  
**Raymond Whittaker**  
 \*  
**The Four-Way Test**  
 Of the things we think, say or do:  
 Is it the truth?  
 Is it fair to all concerned?  
 Will it build goodwill and better friendships?  
 Will it be beneficial to all concerned?  
 \*  
**The Rotary Grace**  
 O God and giver of all good  
 We thank thee for our daily food  
 May Rotary friends  
 and Rotary ways,  
 Help us to serve thee all our days.  
 \*  
**PAST PRESIDENTS**  
**ROTARY SUNRISE**  
 Charter President  
 Alastair Paterson  
 2002-2003  
 J. Gordon Hewitt  
 2003 - 2004  
 Christopher Bowring  
 2004 - 2005  
 Stuart N. Diamond  
 2005 - 2006  
 Hendrik Jan van Genderen  
 2006 - 2007  
 J. Rosalie Jamieson  
 2007-2008  
 Woodrow Foster  
 2008-2009



On Canada Day, Canadians celebrate the day the British North America Act created the Canadian federal government on July 1, 1867. This date was originally celebrated as Dominion Day up until the year 1982, when an Act of Parliament changed it to Canada Day.

It wasn't until 1965 that Canada had a flag of her own.

### Canadian Flag Cookies

1 cup margarine, softened  
 1 egg white, lightly whipped  
 2 teaspoons pure vanilla extract  
 2-1/2 cups unbleached all-purpose flour  
 1-1/2 cups granulated sugar  
 1- 1/2 teaspoons baking powder  
 1 teaspoon red food coloring



In a mixing bowl, combine margarine, egg white, and vanilla extract. In another mixing bowl, combine flour, sugar, and baking powder. Mix wet ingredients with dry ingredients just until moistened. Divide dough into 3 equal portions. Tint 1 portion with red food coloring. Mix thoroughly to get a uniform color. Until the dough represents white. Form each portion into bars of equal length and about 1 inch thick. Wrap each bar in waxed paper. Refrigerate until easy to handle. Remove waxed paper and stack bars on top of each other in the following order: white, red, white. Wrap entire bars in waxed paper again and chill until firm. Preheat oven to 350 F. Cut bars into 1/4-inch-thick slices. Place on baking sheet. Bake for 12 minutes. Allow to cool for about 1 minute, then remove to a wire rack to cool completely.



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**BRITCAY**

### Rotary Calendar of Events

July 2009

Saturday 18th July Car Raffle

Do you have a committee meeting scheduled? Do you have a community event you wish to place on the calendar? Email the information to Rotarian Christine for inclusion.

#### Rotary Sunrise Birthdays & Anniversaries

##### Birthdays

1st July Gareth Pulmant

2nd July Howard Cross

13th July President Winston

16th July Andrea Bryan

##### Anniversaries

9th July Jonathan Adam

14th July Bob Kostich

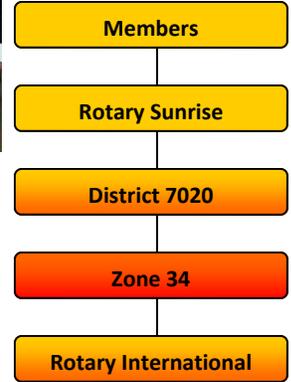
22nd July Claire Lloyd Vine

22nd July Philip Thomas

31st July Douglas Murray

##### Reminder to Red Badgers

Red Badgers are reminded to submit their bio / job talk to Rot. Christine for publication in the Sun. Please include interesting facts like hobbies, most embarrassing moment etc!



[Grand Cayman Make-Up Opportunities](#)  
[Rotary Central](#) meets on Tuesdays at 7:00 pm for 7:30pm at The Post Restaurant  
[Rotary Grand Cayman](#) meets on Thursdays at 12:15 pm at The Westin Casuarina.  
[Rotaract Grand Cayman](#) meets on Thursdays at 6:45 am for 7 am at Icoa  
[Rotaract Blue](#) meets on Wednesday at 6 pm at Fusion Restaurant (Mirco Centre)

Canadian couple was strolling through a park in London (England) and sat down on a bench next to an elderly Briton. The Brit noticed their lapel pins sporting the Canadian flag and, to make conversation, said "Judging by your pins, you must be Canadians".

"Indeed we are", replied the Canadian gentleman.

"I hope you won't mind my asking," said the Brit, "but what do the two red bars on your flag represent?"

"Well," replied the Canadian gentleman, "one of the bars stands for the courage and hardiness of our people in settling the cold expanses and broad prairies of our country. The other is for the honesty and integrity for which Canadians are known."

The Brit mulled this over and nodded. Having poor eyesight at his advanced age, and not being familiar with maple leaves, he then asked, "And what's that six-pointed item in the middle of your flag?"

"Oh, that's to remind us of the six words of our national motto," the Canadian lady piped up.

The Brit asked, "And what are those six words?"

The Canadian smiled and replied, "They are '**Don't blame us - we're not Americans.**'"

