

# What should I say? What's the right thing to do?



*Every day, each one of us has to make decisions.  
In social settings, with family and friends, at school and at work,  
everyone must make choices of how to act or what to say. What can  
we use to help make the best decisions - for ourselves and others?*

*The Rotary 4-Way Test is a guide to help us make good decisions.  
The questions are simple - though the options and the answers may be complicated.*

**In the things we think, say, and do...**

- Is it the truth?**
- Is it fair to all concerned?**
- Will it build goodwill and better friendships?**
- Will it be beneficial to all concerned?**



## The Rotary Four Way Test Video Competition

### **Contest Rules:**

- High school students, grades 9-12, who live or attend school in a community in District 7780
- Individuals or teams of up to 5 students may enter
- Content illustrates "How can I use the 4Way Test to make good decisions in my life?" The situation can be anything that teens deal with - social situations, bullying, substance use, academic pressure - anything that's real in a young person's life.
- Content must be original work
- Video may be a narrative, mini-documentary, or Public Service Announcement (PSA)
- Video entry is 2-3 minutes long

Contact your local Rotary for competition details and dates  
District winners will be announced on Saturday, May 17, 2014

Contest entry forms, guidelines: [www.Rotary7780.org](http://www.Rotary7780.org)  
FMI on the Four Way Test: <http://www.rotaryfirst100.org/presidents/1954taylor/taylor/essay.htm>  
Film making or technical support available after 20 Feb 2014  
[www.projectaware.net](http://www.projectaware.net)  
[projectaware@maine.rr.com](mailto:projectaware@maine.rr.com)  
207-282-5598



District 7780

*Rotary is a worldwide network of inspired individuals  
who translate their passions into relevant social causes to change lives in communities.*