Hello fellow Rotarians,

After having been "thrown into the deep end" on Monday, with Presentations, an induction of a new member, a guest speaker and a Board Meeting. I haven't been "put off" and I am looking forward to week two.

A big welcome to Charles Minster from all of your Rotarian friends at Mount Martha. Don't worry about remembering our names immediately, we all wear our names to excuse us from those senior moments. Whilst inducting Charles, I did not mention his classification, which is, Photography. Charles also has experience in website set up and will be a great asset to Dee's team.

Our guest speaker Julie Davey, a professional speaker and author gave us an interesting and thought provoking presentation. As a nurse, she witnessed the power of attitude and how it effects both physical and mental health and wellbeing. This interest brought about the publishing of A for Attitude which has been distributed throughout Australia and recently translated into Korean. Julie often conducts workshops with teachers and parents, to assist them in helping their children be the best they can be. See Page 4

I mentioned, that the RC of Sorrento had asked for assistance from other Clubs in providing Pamper Packs for women effected by the tornado in Yarrawonga some months ago. I am pleased to report, that from the money raised last Monday, we were able to assemble 6 Pamper Packs. Each pack contained around 12 items, such as: toothpaste, toothbrush, soap, shampoo & conditioner, deodorant etc. They should be a welcomed surprise for the women. Thank you Jill, in preparing the packs. See Page 5

Next week, we have a presentation from Michael Johnson, a ranger from the Moonlit Sanctuary Wildlife Conservation Park in Pearcedale. I have heard so much about this place and I am very much looking forward to his talk.

YIR

President Bill
NEXT MEETING AT BENITO’S

Program: Moonlit Sanctuary-Michael Johnson
Chairperson Wayne Norris

Birthdays—Members: Roger Annear 13/7,
Birthdays—Partners: Nil
Anniversaries Nil

DIARY

July

Literacy Month and New Rotary Year Begins
Front of House P Warren, R Davies, B Sweeney
Bulletin Minutes C. Stokes
1 No Meeting due to Changeover
8 Presentation: “A For Attitude” Julie Davey
13 Sausage Sizzle R Marks, J Mayne, D Piper
14 BBQ Bunnings
15 Presentation: Moonlit Sanctuary Michael Johnson
22 Autobiographies Roger Skipsey, Neil Armstrong
27 Sausage Sizzle W Norris, J Orr, J Marshall
29 Club Assembly Tom Barrett

August

Membership & Extension Month
Front of House G Kaye, B Butler, D Rhodes
Bulletin Minutes Doug Rhodes
5 About the Mining Industry Josh Annear Chairperson Roger Annear
11 Sausage Sizzle P Rawlings, D Rhodes, W Wedgwood
12 To be confirmed
19 To be confirmed
24 Sausage Sizzle B Sweeney, J Trevillian, N Roberts
26 Club Assembly Tom Barrett
MEETING AT BENITO’S-8/7/2013

Details of meeting 8 July 2013.

Chair: Adrian Davis.

Members: 30.

Hon Members: Steve Daly.

Apologies: Roger Skipsey, Dee Tozer.

LOA: Elizabeth Celi, Wally Wedgwood.

Guests of Club: Julie Davey - Guest of member Trish Riley (Doug Rhodes) Charles Mister (Adrian Davis) to be inducted

President Bill opened his first meeting welcoming members and guests.

Bill also recognized those having birthdays being Nick Roberts, Bernard Butler, and Adrian Davis, and also Partner Jenny Mayne and Rob and Yvonne Marks for their Wedding Anniversary

The matter of Pamper packs being organized by the Rotary club of Sorrento for the ladies of Yarrawonga following the recent tornado was also raised by Bill, and it was suggested that we could donate money and he and wife Jill would purchase products for the packs. All agreed

Rob Marks was called on to present Centurian Club, Paul Harris Saphires in recognition of financial contributions to the following members over their involvement. David Crane, martin Lowe, David Piper, Peter Rawlings, Merv Williams, John Marshall, Greg Buchanan

New Centurian Members were also presented with pins : Roger Skipsey and Wayne Norris.

President Bill then undertook the Induction of new member Charles Minster who was introduced to the club by Merv Williams. Charles was made a member of the Public Relations Sub Committee with his category being photography.

Merv Williams Spoke about the Forums of Service coming up over the next couple of months and encouraged all members to attend.

Bill Cummins reported on the local Schools Art show at Benton’s Square thanking those who assisted and reminded members he would require some help to disassemble the display Monday Morning 15th July.

Adrian Davis took over as Chairperson at this stage. Adrian referred to the Pamper pack idea and recalled this club being involved with the supply to women in the Charlton area during a prolonged drought in the 90’s.

John Trevillian gave a report on the Moorooduc Primary school project and thanked all members who Assisted. A job well done with some help from Greg Buchanan’s big crane.

John passed around a newspaper report from the local paper about the Ferrel exclusion fence at The Briars which won a sustainability award and highlighted our clubs involvement. John also referred to redundant equipment that he collected from the Bays Hospital and delivered to Donations in Kind at Footscray, for shipping overseas to needy communities. Great effort John.
LAST MEETING AT BENITO’S

Tom Goulding—Request for Volunteers for Mornington Bunnings BBQ Sunday 14th July commencing 10.00 AM.

Sergeant Justin Orr (1st performance) - Justin commenced setting a scary standard for his year in office however the club is sure to become considerably more wealthy.
Fines included: New member Charles Minster for no good reason, Centurian Awardees, Greg Buchanan for an OHS issue whilst on his crane raised by someone who has absolutely no such qualification to judge. David Wheeler for his enthusiastic rendition at the ABBA sing along at Changeover Night. Merv for acting like an enthusiastic kid at the Moorooduc School works.
The Sergeant was then fined following an involved story by Merv where he was caught on mobile phone by police driving alongside him on the freeway and then he dared to deny it.

Swindle – Roger Annear—As usual the only winner was the Club.

Adrian then introduced our Guest Speaker for the evening Julie Davey - Topic “A for Attitude” A book about reducing anxiety and increasing resilience in children.

Julie is an International Author, and Presenter. She has researched a lot on Positive Psychology and particularly applied it to messages for children.
She has written 8 books which are marketed around the world and presented in a number of languages.

Her first book A for Attitude is a book full of positive messages and strategies for young children, but which can apply to all ages. It can be a very useful tool for parents and school teachers for helping children and also for bridging the gap between school and family in dealing with issues and as part of the learning process.

Julie’s talk served to remind club members of their early childhood experiences and the changes that have occurred from our childhood to the present in particular the influences affecting children.

Julie is inviting Rotary Clubs to participate in a sponsorship program which promotes universal principles in life skills and resilience building techniques to every 8 year old child in our districts through purchase and supply of the book to our schools.

Julie’s presentation was extremely interesting on a topic we can all relate to with our children and grandchildren.

President Bill took over to close the meeting

Reminders:

Bunnings SS this Sunday 14th 10am first shift
Neil Armstrong taking over Administration of Front of House from Colin Stokes
Disassemble Art Show Monday morning approx 8.30am.
LAST MEETING AT BENITO’S

From Previous Page: “A for Attitude”

For those who did not buy a copy and might be interested, take a look using the link below

Like to take a peek inside A for Attitude? See a few pages of this best-selling book here.

Encouraging children to think optimistically

Just as a child’s body needs nourishment and exercise to stay fit and healthy, so does their mind! The earlier in life that your child receives ‘positive mental nutrition’, the happier, healthier and more successful they are likely to be.

Stephen Covey said, “Begin with the end in mind”, so picture this: Way ahead in the future, when your child turns 21, is he or she likely to be:

• optimistic and resilient?
• capable of solving his or her own problems?, and
• good at managing money and managing without it?...

The Pamper Packs for the Women of Yarrawonga—Your monetary contributions last meeting enabled these products to be purchased.—Thank you all.

Great selection and nicely packaged –Thank you Jill and Bill Cummins.
Avenues of Service Forums.

I communicated to you all a few weeks ago that the Avenue of Services Forums will be held on

Sunday 8th September at Nossal High School at Berwick.
And Sunday 6th October at the Churchill Campus of Monash University.

The forums are designed to cover International, Youth, Community, and Vocational Services and we will have P.P. Bob Johnson to have a session on Foundation.

There will also be a session for Secretaries as P.P.Phil Dressing couldn’t cover all the important details at District Assembly and it is VERY important your Secretary attends. The Secretaries session will also include IT for secretaries and changes to the clubs and association act and club rules and by laws updates.

The sessions will NOT be a power point presentation where you just sit and watch, they will be interactive sessions where the attendees ask any questions of the District Chairs or Programme Chairs & also interact with the other clubs in the session.- Alan Collier, Avenues Of Service Chair
Mt Martha Rotary Club at work in the Community -

"Club President Bill handed a cheque to Fusion's Tim Strange and Gemma Bell in support of the Uluru Pilgrimage program.

www.fusion.org.au/schoolsinharmony/

The Club is looking to visit Fusion Mt Martha in coming months to learn more about their vital work with young people on the Mornington Peninsula.” - Peter Rawlings

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WHAT IS THE PILGRIMAGE TO ULURU?

The Pilgrimage is an opportunity for young people to take a journey of reflection to their nation’s heart. Busloads of young people are invited to travel together to the centre of Australia with new found friends, along with parents, teachers and youth workers.

Each coach will depart from different states across the continent while participating in a daily routine of reflection, discussion and creative activity as they travel to their destination.

Once arriving at Uluru, the Pilgrims participate in a fun packed education program which includes cultural exchange with Indigenous students and elders, and hosting a family festival and concert drawing people from around the Uluru region.

For over ten years the Pilgrimage to Uluru has been changing lives, changing perspectives, and changing the way young people feel about themselves and others.

Continue Reading
Joining a Rotary Club can help you build friendships and business networks, while having meaningful impact working with teams to improve the lives of others.

Work with your local community and on global projects covering the areas of:

- Global peace
- Disease prevention
- Water and sanitation
- Maternal and child health
- Education and literacy, and
- Economic and community development

Attend your local Rotary Club meeting and let others know what your altruistic dreams involve. When we align our goals and work together, we see rewards in the world around us.

Rotary will help you to help others.

We think you'll have fun along the way too.

Here's how to join

CALL
AUS: 1300 4 768 279
NZ: 0800 4 ROTARY

EMAIL
AUS: membership@rotarydownunder.org
NZ: info@rotarysouthpacific.org

FIND A ROTARY CLUB
NZ: www.rotarysouthpacific.org